

Beverage	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
Americano - S -	15	0	0	0	0	0	0	3	0	0	1
Americano - M -	25	0	0	0	0	0	0	4	0	0	1
Americano - L -	25	0	0	0	0	0	0	4	0	0	1
Americano con Crema - S - Standard Prep Whole Milk	90	5	1	0	0	5	10	19	0	16	2
Americano con Crema - M - Standard Prep Whole Milk	110	10	1	0	0	5	15	25	0	21	2
Americano con Crema - L - Standard Prep Whole Milk	130	10	1	0	0	5	15	30	0	26	2
Black Tie - S - Half & Half + Sweetened Condensed Milk	160	35	4	2.5	0	15	45	28	0	28	3
Black Tie - M - Half & Half + Sweetened Condensed Milk	190	35	4	2.5	0	15	45	35	0	35	3
Black Tie - L - Half & Half + Sweetened Condensed Milk	260	45	5	3	0	20	65	49	0	49	4
Cafe Au Lait - S - Almond Milk	30	10	1.5	0	0	0	80	4	0	3	1
Cafe Au Lait - M - Almond Milk	40	15	1.5	0	0	0	105	5	0	4	1
Cafe Au Lait - L - Almond Milk	50	20	2	0	0	0	130	6	0	5	1
Cafe Au Lait - S - Coconut Milk	35	20	2	2	0	0	55	4	0	3	1
Cafe Au Lait - M - Coconut Milk	50	25	3	2.5	0	0	70	5	0	4	1
Cafe Au Lait - L - Coconut Milk	60	30	3.5	3	0	0	90	6	0	6	1
Cafe Au Lait - S - Skim Milk	35	0	0	0	0	0	55	5	0	5	4
Cafe Au Lait - M - Skim Milk	50	0	0	0	0	5	70	6	0	6	5
Cafe Au Lait - L - Skim Milk	60	0	0	0	0	5	90	8	0	8	6
Cafe Au Lait - S - Soy Milk	35	10	1.5	0	0	0	110	3	0	2	2
Cafe Au Lait - M - Soy Milk	45	15	1.5	0	0	0	150	4	0	3	3
Cafe Au Lait - L - Soy Milk	60	20	2	0	0	0	190	6	0	4	3
Cafe Au Lait - S - Standard Prep 2% Milk	50	15	2	1	0	5	55	5	0	4	3
Cafe Au Lait - M - Standard Prep 2% Milk	70	20	2.5	1.5	0	10	70	6	0	5	5
Cafe Au Lait - L - Standard Prep 2% Milk	80	25	3	2	0	10	90	8	0	7	6
Cafe Au Lait - S - Whole Milk	60	30	3.5	2	0	15	50	5	0	4	3
Cafe Au Lait - M - Whole Milk	80	40	4.5	2.5	0	20	70	6	0	6	5
Cafe Au Lait - L - Whole Milk	100	50	5	3.5	0	25	85	8	0	7	6
Cafe Bombon - S - Sweetened Condensed Milk	80	15	2	1	0	5	30	14	0	11	3
Cafe Bombon - M - Sweetened Condensed Milk	90	15	2	1	0	5	30	15	0	11	3
Cafe Cortado - One Size - 2% Milk	60	15	2	1	0	5	50	7	0	4	4
Cafe Cortado - One Size - Almond Milk	45	10	1.5	0	0	0	75	6	0	3	1
Cafe Cortado - One Size - Coconut Milk	50	20	2	2	0	0	50	6	0	3	1
Cafe Cortado - One Size - Skim Milk	45	0	0	0	0	0	40	7	0	5	4
Cafe Cortado - One Size - Soy Milk	45	10	1.5	0	0	0	110	6	0	2	3
Cafe Cortado - One Size - Standard Prep Whole Milk	80	30	3.5	2	0	15	50	7	0	4	4
Cafe Cortado, Flavored - One Size - 2% Milk	110	15	1.5	1	0	5	40	20	0	17	3
Cafe Cortado, Flavored - One Size - Almond Milk	90	10	1	0	0	0	60	19	0	16	1
Cafe Cortado, Flavored - One Size - Coconut Milk	100	15	1.5	1.5	0	0	40	19	0	16	1
Cafe Cortado, Flavored - One Size - Skim Milk	100	0	0	0	0	0	30	20	0	17	3
Cafe Cortado, Flavored - One Size - Soy Milk	100	10	1	0	0	0	85	19	0	16	2
Cafe Cortado, Flavored - One Size - Standard Prep Whole Milk	120	25	2.5	1.5	0	10	40	20	0	17	3
Cappuccino - One Size - Almond Milk	45	15	1.5	0	0	0	100	6	0	4	1
Cappuccino - S - Almond Milk	80	25	3	0	0	0	170	11	1	7	2
Cappuccino - M - Almond Milk	90	30	3.5	0	0	0	200	13	1	8	2
Cappuccino - L - Almond Milk	110	35	4	0	0	0	220	15	1	9	3

Beverage	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
Cappuccino - One Size - Coconut Milk	50	25	3	2.5	0	0	65	6	0	4	1
Cappuccino - S - Coconut Milk	100	45	5	4.5	0	0	115	11	0	8	2
Cappuccino - M - Coconut Milk	110	50	6	5	0	0	130	12	0	9	2
Cappuccino - L - Coconut Milk	130	60	6	6	0	0	150	15	0	10	2
Cappuccino - One Size - Skim Milk	50	0	0	0	0	5	65	7	0	6	5
Cappuccino - S - Skim Milk	90	5	0.5	0	0	5	115	13	0	11	9
Cappuccino - M - Skim Milk	110	5	1	0	0	5	130	15	0	12	10
Cappuccino - L - Skim Milk	120	10	1	0.5	0	5	150	18	0	14	11
Cappuccino - One Size - Soy Milk	50	15	1.5	0	0	0	140	6	0	3	3
Cappuccino - S - Soy Milk	90	25	3	0	0	0	250	10	1	5	5
Cappuccino - M - Soy Milk	100	30	3.5	0	0	0	290	12	1	6	6
Cappuccino - L - Soy Milk	120	35	4	0.5	0	0	320	14	1	7	7
Cappuccino - Traditional - Standard Prep 2% Milk	70	20	2.5	1.5	0	10	65	7	0	5	5
Cappuccino - S - Standard Prep 2% Milk	120	40	4	2.5	0	15	115	13	0	9	8
Cappuccino - M - Standard Prep 2% Milk	140	45	5	3	0	20	130	15	0	11	9
Cappuccino - L - Standard Prep 2% Milk	160	50	5	3.5	0	20	150	18	0	12	11
Cappuccino - One Size - Whole Milk	90	40	4.5	3	0	20	65	8	0	6	5
Cappuccino - S - Whole Milk	160	70	8	5	0	30	110	14	0	10	8
Cappuccino - M - Whole Milk	180	80	9	6	0	35	130	15	0	12	9
Cappuccino - L - Whole Milk	200	90	10	6	0	40	140	18	0	13	11
Cappuccino, Flavored - S - Almond Milk	160	25	2.5	0	0	0	150	31	1	27	2
Cappuccino, Flavored - M - Almond Milk	190	25	3	0	0	0	160	39	1	34	2
Cappuccino, Flavored - L - Almond Milk	230	30	3	0	0	0	180	48	1	42	3
Cappuccino, Flavored - S - Coconut Milk	90	30	3.5	1	0	0	160	11	1	7	2
Cappuccino, Flavored - M - Coconut Milk	100	35	4	1	0	0	190	12	1	8	2
Cappuccino, Flavored - L - Coconut Milk	110	40	4.5	1.5	0	0	210	15	1	9	3
Cappuccino, Flavored - S - Skim Milk	160	0	0	0	0	5	80	33	0	30	7
Cappuccino, Flavored - M - Skim Milk	200	0	0	0	0	5	85	40	0	38	8
Cappuccino, Flavored - L - Skim Milk	240	0	0	0	0	5	95	50	0	46	9
Cappuccino, Flavored - S - Soy Milk	160	25	2.5	0	0	0	210	30	1	25	4
Cappuccino, Flavored - M - Soy Milk	200	25	3	0	0	0	240	38	1	33	5
Cappuccino, Flavored - L - Soy Milk	240	30	3	0	0	0	260	47	1	40	6
Cappuccino, Flavored - S - Standard Prep 2% Milk	190	35	3.5	2	0	15	95	33	0	29	7
Cappuccino, Flavored - M - Standard Prep 2% Milk	230	35	4	2.5	0	15	105	41	0	37	8
Cappuccino, Flavored - L - Standard Prep 2% Milk	280	40	4.5	2.5	0	20	120	50	0	44	9
Cappuccino, Flavored - S - Whole Milk	220	60	6	4	0	25	95	33	0	30	7
Cappuccino, Flavored - M - Whole Milk	260	60	7	4.5	0	30	105	41	0	37	8
Cappuccino, Flavored - L - Whole Milk	310	70	8	5	0	35	115	50	0	45	9
Cappuccino, Flavored, Iced - S - Almond Milk	140	20	2	0	0	0	120	28	0	26	1
Cappuccino, Flavored, Iced - M - Almond Milk	180	20	2.5	0	0	0	140	37	1	33	2
Cappuccino, Flavored, Iced - L - Almond Milk	250	35	4	0	0	0	230	50	1	44	3
Cappuccino, Flavored, Iced - S - Coconut Milk	150	30	3.5	3	0	0	80	28	0	26	1
Cappuccino, Flavored, Iced - M - Coconut Milk	190	35	4	3.5	0	0	90	37	0	34	1
Cappuccino, Flavored, Iced - L - Coconut Milk	270	60	7	6	0	0	150	50	0	45	2
Cappuccino, Flavored, Iced - S - Skim Milk	170	25	3	2	0	10	80	30	0	27	6

Beverage	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
Cappuccino, Flavored, Iced - M - Skim Milk	220	30	3.5	2	0	15	90	39	0	35	7
Cappuccino, Flavored, Iced - L - Skim Milk	310	50	6	3.5	0	25	150	53	0	47	11
Cappuccino, Flavored, Iced - S - Soy Milk	140	20	2	0	0	0	180	28	0	25	3
Cappuccino, Flavored, Iced - M - Soy Milk	190	20	2.5	0	0	0	200	37	1	32	4
Cappuccino, Flavored, Iced - L - Soy Milk	260	35	4	0.5	0	0	330	49	1	42	7
Cappuccino, Flavored, Iced - S - Standard Prep 2% Milk	170	25	3	2	0	10	80	30	0	27	6
Cappuccino, Flavored, Iced - M - Standard Prep 2% Milk	220	30	3.5	2	0	15	90	39	0	35	7
Cappuccino, Flavored, Iced - L - Standard Prep 2% Milk	310	50	6	3.5	0	25	150	53	0	47	11
Cappuccino, Flavored, Iced - S - Whole Milk	190	50	5	3.5	0	20	80	30	0	28	6
Cappuccino, Flavored, Iced - M - Whole Milk	240	60	6	4	0	25	90	39	0	36	7
Cappuccino, Flavored, Iced - L - Whole Milk	350	90	10	6	0	40	150	53	0	48	11
Cappuccino, Havana - S - Almond Milk	200	50	6	2.5	0	15	190	32	1	28	5
Cappuccino, Havana - M - Almond Milk	210	60	6	2.5	0	15	220	33	1	29	5
Cappuccino, Havana - L - Almond Milk	290	80	8	3.5	0	20	250	46	1	40	7
Cappuccino, Havana - S - Coconut Milk	210	70	8	6	0	15	140	31	0	28	5
Cappuccino, Havana - M - Coconut Milk	220	70	8	7	0	15	160	33	0	29	5
Cappuccino, Havana - L - Coconut Milk	300	90	10	8	0	20	190	45	0	41	7
Cappuccino, Havana - S - Skim Milk	210	35	4	2.5	0	15	150	33	0	31	10
Cappuccino, Havana - M - Skim Milk	220	35	4	2.5	0	20	160	35	0	32	11
Cappuccino, Havana - L - Skim Milk	300	50	6	4	0	25	190	48	0	44	14
Cappuccino, Havana - S - Soy Milk	200	50	6	2.5	0	15	250	31	1	26	8
Cappuccino, Havana - M - Soy Milk	210	60	6	2.5	0	15	290	32	1	27	8
Cappuccino, Havana - L - Soy Milk	290	70	8	4	0	20	330	45	1	38	10
Cappuccino, Havana - S - Standard Prep 2% Milk	230	60	7	4.5	0	30	140	33	0	30	10
Cappuccino, Havana - M - Standard Prep 2% Milk	250	70	8	4.5	0	30	160	35	0	31	11
Cappuccino, Havana - L - Standard Prep 2% Milk	330	90	10	6	0	40	190	48	0	42	14
Cappuccino, Havana - S - Whole Milk	260	90	10	6	0	40	140	34	0	30	10
Cappuccino, Havana - M - Whole Milk	280	100	11	7	0	45	160	35	0	32	11
Cappuccino, Havana - L - Whole Milk	360	120	13	8	0	50	190	48	0	43	14
Cappuccino, Havana, Iced - S - Almond Milk	180	50	6	2.5	0	15	170	29	0	27	4
Cappuccino, Havana, Iced - M - Almond Milk	200	50	6	2.5	0	15	190	32	1	28	5
Cappuccino, Havana, Iced - L - Almond Milk	310	80	9	3.5	0	20	300	48	1	42	8
Cappuccino, Havana, Iced - S - Coconut Milk	190	60	7	5	0	15	125	29	0	27	4
Cappuccino, Havana, Iced - M - Coconut Milk	210	70	8	6	0	15	140	31	0	28	5
Cappuccino, Havana, Iced - L - Coconut Milk	320	100	12	9	0	20	220	48	0	43	7
Cappuccino, Havana, Iced - S - Skim Milk	190	35	4	2.5	0	15	130	31	0	29	9
Cappuccino, Havana, Iced - M - Skim Milk	210	35	4	2.5	0	15	150	33	0	31	10
Cappuccino, Havana, Iced - L - Skim Milk	320	60	6	4	0	25	230	51	0	47	16
Cappuccino, Havana, Iced - S - Soy Milk	190	50	5	2.5	0	15	220	29	0	26	6
Cappuccino, Havana, Iced - M - Soy Milk	200	50	6	2.5	0	15	250	31	1	26	8
Cappuccino, Havana, Iced - L - Soy Milk	310	80	9	4	0	20	400	47	1	40	12
Cappuccino, Havana, Iced - S - Standard Prep 2% Milk	210	60	6	4	0	25	125	30	0	28	9
Cappuccino, Havana, Iced - M - Standard Prep 2% Milk	230	60	7	4.5	0	30	140	33	0	30	10
Cappuccino, Havana, Iced - L - Standard Prep 2% Milk	360	100	11	7	0	45	220	51	0	45	16
Cappuccino, Havana, Iced - S - Whole Milk	230	80	9	5	0	35	125	31	0	29	9

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Cappuccino, Havana, Iced - M - Whole Milk	260	90	10	6	0	40	140	34	0	30	10
Cappuccino, Havana, Iced - L - Whole Milk	400	140	15	10	0.5	60	220	51	0	46	16
Cappuccino, Iced - S - Almond Milk	70	25	2.5	0	0	0	150	9	1	6	1
Cappuccino, Iced - M - Almond Milk	80	25	3	0	0	0	170	11	1	7	2
Cappuccino, Iced - L - Almond Milk	130	45	5	0	0	0	270	17	1	11	3
Cappuccino, Iced - S - Coconut Milk	80	40	4	4	0	0	95	9	0	7	1
Cappuccino, Iced - M - Coconut Milk	100	45	5	4.5	0	0	115	11	0	8	2
Cappuccino, Iced - L - Coconut Milk	150	70	8	7	0	0	180	17	1	12	2
Cappuccino, Iced - S - Skim Milk	80	0	0.5	0	0	5	100	11	0	9	7
Cappuccino, Iced - M - Skim Milk	90	5	0.5	0	0	5	115	13	0	11	9
Cappuccino, Iced - L - Skim Milk	150	10	1	0.5	0	5	180	21	0	17	13
Cappuccino, Iced - S - Soy Milk	70	20	2.5	0	0	0	210	8	1	5	4
Cappuccino, Iced - M - Soy Milk	90	25	3	0	0	0	250	10	1	5	5
Cappuccino, Iced - L - Soy Milk	140	40	4.5	0.5	0	0	390	16	1	8	8
Cappuccino, Iced - S - Standard Prep 2% Milk	100	30	3.5	2	0	15	95	10	0	8	7
Cappuccino, Iced - M - Standard Prep 2% Milk	120	40	4	2.5	0	15	115	13	0	9	8
Cappuccino, Iced - L - Standard Prep 2% Milk	190	60	7	4	0	25	180	21	0	15	13
Cappuccino, Iced - S - Whole Milk	130	60	6	4	0	25	95	11	0	9	7
Cappuccino, Iced - M - Whole Milk	160	70	8	5	0	30	110	14	0	10	8
Cappuccino, Iced - L - Whole Milk	240	110	12	8	0	50	180	21	0	16	13
Chai Latte - S - Almond Milk	150	30	3.5	0	0	0	200	28	1	25	2
Chai Latte - M - Almond Milk	180	35	4	0	0	0	250	32	1	29	2
Chai Latte - L - Almond Milk	220	45	5	0	0	0	300	42	1	38	2
Chai Latte - S - Coconut Milk	160	50	5	5	0	0	130	28	0	26	1
Chai Latte - M - Coconut Milk	200	60	7	6	0	0	160	32	1	31	1
Chai Latte - L - Coconut Milk	240	70	8	8	0	0	190	41	1	39	1
Chai Latte - S - Skim Milk	160	5	0.5	0	0	5	130	30	0	30	9
Chai Latte - M - Skim Milk	190	5	1	0.5	0	5	160	35	0	35	11
Chai Latte - L - Skim Milk	240	10	1	0.5	0	5	200	45	0	44	13
Chai Latte - S - Soy Milk	160	30	3	0	0	0	280	27	1	23	5
Chai Latte - M - Soy Milk	190	35	4	0.5	0	0	350	31	1	27	6
Chai Latte - L - Soy Milk	230	45	5	0.5	0	0	430	40	1	35	8
Chai Latte - S - Standard Prep 2% Milk	200	40	4.5	3	0	20	130	30	0	28	9
Chai Latte - M - Standard Prep 2% Milk	240	50	6	3.5	0	25	160	35	0	33	11
Chai Latte - L - Standard Prep 2% Milk	300	60	7	4.5	0	30	190	45	0	42	13
Chai Latte - S - Whole Milk	230	80	9	5	0	35	125	31	0	29	9
Chai Latte - M - Whole Milk	280	100	11	7	0	45	160	36	0	34	11
Chai Latte - L - Whole Milk	350	120	13	8	0	55	190	46	0	44	13
Chai Latte, Iced - S - Almond Milk	120	15	2	0	0	0	110	23	0	22	1
Chai Latte, Iced - M - Almond Milk	170	35	4	0	0	0	220	31	1	28	2
Chai Latte, Iced - L - Almond Milk	210	35	4	0	0	0	250	39	1	36	2
Chai Latte, Iced - S - Coconut Milk	120	30	3	3	0	0	75	23	0	22	1
Chai Latte, Iced - M - Coconut Milk	180	60	6	6	0	0	140	31	0	29	1
Chai Latte, Iced - L - Coconut Milk	220	60	7	6	0	0	160	39	1	37	1
Chai Latte, Iced - S - Skim Milk	120	0	0	0	0	5	75	25	0	24	5

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Chai Latte, Iced - M - Skim Milk	180	5	0.5	0	0	5	150	34	0	33	10
Chai Latte, Iced - L - Skim Milk	220	5	1	0.5	0	5	160	42	0	41	11
Chai Latte, Iced - S - Soy Milk	120	15	2	0	0	0	160	23	0	21	3
Chai Latte, Iced - M - Soy Milk	170	35	3.5	0	0	0	320	30	1	26	6
Chai Latte, Iced - L - Soy Milk	210	35	4	0.5	0	0	360	38	1	33	6
Chai Latte, Iced - S - Standard Prep 2% Milk	140	25	2.5	1.5	0	10	70	25	0	23	5
Chai Latte, Iced - M - Standard Prep 2% Milk	220	50	5	3.5	0	20	140	34	0	31	10
Chai Latte, Iced - L - Standard Prep 2% Milk	260	50	6	3.5	0	25	160	42	0	39	11
Chai Latte, Iced - S - Whole Milk	160	45	5	3	0	20	70	25	0	24	5
Chai Latte, Iced - M - Whole Milk	260	90	10	6	0	40	140	34	0	33	10
Chai Latte, Iced - L - Whole Milk	310	100	11	7	0	45	160	43	0	41	11
Cocoa - Kid's - Almond Milk	270	130	14	7	0	30	180	37	3	28	3
Cocoa - S - Almond Milk	360	150	17	8	0	30	270	54	5	41	5
Cocoa - M - Almond Milk	450	170	19	9	0	30	350	71	6	53	6
Cocoa - L - Almond Milk	510	180	20	9	0	30	380	85	7	64	7
Cocoa - Kid's - Coconut Milk	280	140	16	12	0	30	120	36	3	29	3
Cocoa - S - Coconut Milk	380	170	19	14	0	30	180	53	4	42	4
Cocoa - M - Coconut Milk	470	200	23	17	0	30	230	70	5	55	5
Cocoa - L - Coconut Milk	540	220	24	18	0	30	250	84	7	66	6
Cocoa - Kid's - Skim Milk	280	110	12	8	0	35	120	39	2	32	10
Cocoa - S - Skim Milk	380	120	13	8	0	35	180	57	4	46	14
Cocoa - M - Skim Milk	470	130	14	9	0	40	240	75	5	61	19
Cocoa - L - Skim Milk	540	140	15	10	0	40	250	89	6	72	21
Cocoa - Kid's - Soy Milk	280	130	14	8	0	30	260	36	3	26	6
Cocoa - S - Soy Milk	370	150	16	8	0	30	380	52	5	38	9
Cocoa - M - Soy Milk	460	170	19	9	0	30	500	69	6	50	12
Cocoa - L - Soy Milk	520	180	20	10	0	30	540	83	7	60	13
Cocoa - Kid's - Standard Prep 2% Milk	310	140	15	10	0	45	120	39	2	30	10
Cocoa - S - Standard Prep 2% Milk	420	170	18	12	0.5	55	180	57	4	44	14
Cocoa - M - Standard Prep 2% Milk	530	190	21	13	0.5	65	230	75	5	58	19
Cocoa - L - Standard Prep 2% Milk	600	200	23	14	0.5	65	250	89	6	69	20
Cocoa - Kid's - Whole Milk	340	170	19	12	0.5	60	120	39	2	31	10
Cocoa - S - Whole Milk	470	210	23	15	1	75	170	57	4	46	14
Cocoa - M - Whole Milk	590	250	28	18	1	95	230	76	5	60	18
Cocoa - L - Whole Milk	670	270	30	19	1	100	240	90	6	71	20
Cocoa Sugar Free - Kid's - Almond Milk	150	30	3.5	0.5	0	0	260	33	2	7	2
Cocoa Sugar Free - S - Almond Milk	230	45	5	1	0	0	390	50	3	11	3
Cocoa Sugar Free - M - Almond Milk	310	60	7	1	0	0	520	66	4	14	4
Cocoa Sugar Free - L - Almond Milk	360	70	8	1.5	0	0	590	80	5	15	5
Cocoa Sugar Free - Kid's - Coconut Milk	160	50	5	5	0	0	200	33	2	8	2
Cocoa Sugar Free - S - Coconut Milk	250	70	8	7	0	0	300	49	3	12	2
Cocoa Sugar Free - M - Coconut Milk	330	100	11	10	0	0	400	66	4	16	3
Cocoa Sugar Free - L - Coconut Milk	380	110	12	10	0	0	460	79	4	17	4
Cocoa Sugar Free - Kid's - Skim Milk	160	10	1	0.5	0	5	200	35	1	11	9
Cocoa Sugar Free - S - Skim Milk	250	15	1.5	1	0	5	300	53	2	16	13

Beverage	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
Cocoa Sugar Free - M - Skim Milk	330	20	2.5	1.5	0	10	400	70	3	22	17
Cocoa Sugar Free - L - Skim Milk	380	25	2.5	1.5	0	10	460	84	4	24	19
Cocoa Sugar Free - Kid's - Soy Milk	160	30	3.5	0.5	0	0	340	32	2	5	5
Cocoa Sugar Free - S - Soy Milk	240	45	5	1	0	0	500	48	3	8	8
Cocoa Sugar Free - M - Soy Milk	320	60	7	1.5	0	0	670	65	4	11	10
Cocoa Sugar Free - L - Soy Milk	370	70	7	1.5	0	0	750	78	5	12	11
Cocoa Sugar Free - Kid's - Standard Prep 2% Milk	190	40	4.5	3	0	15	200	35	1	10	8
Cocoa Sugar Free - S - Standard Prep 2% Milk	290	60	7	4.5	0	25	300	53	2	14	13
Cocoa Sugar Free - M - Standard Prep 2% Milk	390	80	9	6	0	35	400	70	3	19	17
Cocoa Sugar Free - L - Standard Prep 2% Milk	450	90	10	6	0	35	460	84	4	21	19
Cocoa Sugar Free - Kid's - Whole Milk	230	70	8	5	0	30	200	36	1	11	8
Cocoa Sugar Free - S - Whole Milk	340	110	12	8	0	50	300	53	2	16	13
Cocoa Sugar Free - M - Whole Milk	450	150	16	10	0.5	65	390	71	3	21	17
Cocoa Sugar Free - L - Whole Milk	510	160	17	11	0.5	70	450	85	4	23	18
Cocoa, White - Kid's - Almond Milk	270	110	13	6	0	30	240	35	1	33	4
Cocoa, White - S - Almond Milk	360	130	14	7	0	30	360	51	1	48	5
Cocoa, White - M - Almond Milk	440	140	16	7	0	35	480	67	1	64	7
Cocoa, White - L - Almond Milk	500	150	16	7	0	35	530	80	1	76	8
Cocoa, White - Kid's - Coconut Milk	280	130	15	11	0	30	180	35	0	34	3
Cocoa, White - S - Coconut Milk	370	150	17	13	0	30	270	51	1	50	5
Cocoa, White - M - Coconut Milk	470	180	20	15	0	35	360	67	1	65	6
Cocoa, White - L - Coconut Milk	530	180	20	16	0	35	400	80	1	78	7
Cocoa, White - Kid's - Skim Milk	280	90	10	7	0	35	180	37	0	37	10
Cocoa, White - S - Skim Milk	370	100	11	7	0	40	270	54	0	54	15
Cocoa, White - M - Skim Milk	460	100	11	7	0	40	360	71	0	71	20
Cocoa, White - L - Skim Milk	530	100	11	7	0	45	410	85	0	85	22
Cocoa, White - Kid's - Soy Milk	270	110	13	7	0	30	320	34	1	31	7
Cocoa, White - S - Soy Milk	360	130	14	7	0	30	470	50	1	46	10
Cocoa, White - M - Soy Milk	450	140	16	7	0	35	630	66	1	60	13
Cocoa, White - L - Soy Milk	510	150	16	7	0	35	700	79	1	73	15
Cocoa, White - Kid's - Standard Prep 2% Milk	310	120	14	9	0	50	180	37	0	35	10
Cocoa, White - S - Standard Prep 2% Milk	420	140	16	10	0.5	60	270	54	0	52	15
Cocoa, White - M - Standard Prep 2% Milk	520	160	18	11	0.5	65	360	71	0	69	20
Cocoa, White - L - Standard Prep 2% Milk	590	170	19	12	0.5	70	400	85	0	82	22
Cocoa, White - Kid's - Whole Milk	340	160	17	11	0.5	65	180	37	0	36	10
Cocoa, White - S - Whole Milk	460	190	21	13	1	80	270	55	0	53	15
Cocoa, White - M - Whole Milk	590	230	25	16	1	95	350	72	0	70	19
Cocoa, White - L - Whole Milk	660	240	26	17	1	100	400	86	0	84	21
Cold Brew - S -	0	0	0	0	0	0	0	0	0	0	0
Cold Brew - M -	0	0	0	0	0	0	5	0	0	0	0
Cold Brew - L -	0	0	0	0	0	0	10	0	0	0	0
Cold Brew Fog - S -	90	0	0	0	0	0	0	21	0	21	0
Cold Brew Fog - M -	120	0	0	0	0	0	5	28	0	28	0
Cold Brew Fog - L -	140	0	0	0	0	0	10	35	0	35	1
Cold Brew Fog Latte - S - Almond Milk	110	10	1.5	0	0	0	75	25	0	24	1

Beverage	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
Cold Brew Fog Latte - M - Almond Milk	150	15	1.5	0	0	0	100	33	0	32	1
Cold Brew Fog Latte - L - Almond Milk	200	25	2.5	0	0	0	150	42	1	41	1
Cold Brew Fog Latte - S - Coconut Milk	120	20	2	2	0	0	50	24	0	24	0
Cold Brew Fog Latte - M - Coconut Milk	160	25	3	2.5	0	0	65	33	0	32	1
Cold Brew Fog Latte - L - Coconut Milk	210	40	4	4	0	0	100	42	0	41	1
Cold Brew Fog Latte - S - Skim Milk	120	0	0	0	0	0	50	26	0	25	3
Cold Brew Fog Latte - M - Skim Milk	160	0	0	0	0	5	70	34	0	34	5
Cold Brew Fog Latte - L - Skim Milk	210	0	0.5	0	0	5	100	44	0	44	7
Cold Brew Fog Latte - S - Soy Milk	120	10	1	0	0	0	110	24	0	23	2
Cold Brew Fog Latte - M - Soy Milk	160	15	1.5	0	0	0	150	32	0	31	3
Cold Brew Fog Latte - L - Soy Milk	210	20	2.5	0	0	0	220	41	1	39	4
Cold Brew Fog Latte - S - Standard Prep 2% Milk	130	15	2	1	0	5	50	25	0	25	3
Cold Brew Fog Latte - M - Standard Prep 2% Milk	180	20	2.5	1.5	0	10	65	34	0	33	4
Cold Brew Fog Latte - L - Standard Prep 2% Milk	240	30	3.5	2	0	15	100	44	0	43	7
Cold Brew Fog Latte - S - Whole Milk	150	30	3	2	0	15	50	26	0	25	3
Cold Brew Fog Latte - M - Whole Milk	190	40	4.5	2.5	0	20	65	34	0	34	4
Cold Brew Fog Latte - L - Whole Milk	260	60	6	4	0	25	100	44	0	44	7
Dirty Chai Latte - S - Almond Milk	160	30	3.5	0	0	0	200	29	1	25	2
Dirty Chai Latte - M - Almond Milk	190	40	4.5	0	0	0	250	34	1	29	2
Dirty Chai Latte - L - Almond Milk	230	45	5	0	0	0	300	43	1	38	3
Dirty Chai Latte - S - Coconut Milk	170	50	6	5	0	0	130	29	0	26	1
Dirty Chai Latte - M - Coconut Milk	200	60	7	6	0	0	160	33	1	31	2
Dirty Chai Latte - L - Coconut Milk	250	70	8	8	0	0	190	43	1	39	2
Dirty Chai Latte - S - Skim Milk	170	5	0.5	0	0	5	130	32	0	30	9
Dirty Chai Latte - M - Skim Milk	200	5	1	0.5	0	5	160	37	0	35	12
Dirty Chai Latte - L - Skim Milk	250	10	1	0.5	0	5	200	47	0	44	14
Dirty Chai Latte - S - Soy Milk	160	30	3.5	0	0	0	290	28	1	23	6
Dirty Chai Latte - M - Soy Milk	190	35	4	0.5	0	0	360	33	1	27	7
Dirty Chai Latte - L - Soy Milk	240	45	5	0.5	0	0	430	41	1	35	8
Dirty Chai Latte - S - Standard Prep 2% Milk	200	45	5	3	0	20	130	31	0	28	9
Dirty Chai Latte - M - Standard Prep 2% Milk	240	50	6	3.5	0	25	160	37	0	33	11
Dirty Chai Latte - L - Standard Prep 2% Milk	300	60	7	4.5	0	30	190	46	0	42	14
Dirty Chai Latte - S - Whole Milk	240	80	9	5	0	35	125	32	0	29	9
Dirty Chai Latte - M - Whole Milk	290	100	11	7	0	45	160	37	0	34	11
Dirty Chai Latte - L - Whole Milk	360	120	13	8	0	55	190	47	0	44	13
Dirty Chai Latte, Iced - S - Almond Milk	120	15	1.5	0	0	0	95	24	0	21	1
Dirty Chai Latte, Iced - M - Almond Milk	170	30	3.5	0	0	0	210	32	1	28	2
Dirty Chai Latte, Iced - L - Almond Milk	210	35	4	0	0	0	230	40	1	35	2
Dirty Chai Latte, Iced - S - Coconut Milk	120	25	2.5	2.5	0	0	65	24	0	21	1
Dirty Chai Latte, Iced - M - Coconut Milk	180	50	6	5	0	0	135	31	0	29	1
Dirty Chai Latte, Iced - L - Coconut Milk	220	60	6	6	0	0	150	39	0	36	2
Dirty Chai Latte, Iced - S - Skim Milk	120	0	0	0	0	5	65	25	0	23	5
Dirty Chai Latte, Iced - M - Skim Milk	180	5	0.5	0	0	5	135	34	0	32	10
Dirty Chai Latte, Iced - L - Skim Milk	220	5	1	0	0	5	150	42	0	40	11
Dirty Chai Latte, Iced - S - Soy Milk	120	15	1.5	0	0	0	135	23	0	20	3

Beverage	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
Dirty Chai Latte, Iced - M - Soy Milk	180	30	3.5	0	0	0	300	31	1	26	6
Dirty Chai Latte, Iced - L - Soy Milk	210	35	4	0.5	0	0	330	38	1	33	6
Dirty Chai Latte, Iced - S - Standard Prep 2% Milk	140	20	2.5	1.5	0	10	65	25	0	22	5
Dirty Chai Latte, Iced - M - Standard Prep 2% Milk	220	45	5	3	0	20	135	34	0	31	10
Dirty Chai Latte, Iced - L - Standard Prep 2% Milk	260	50	6	3.5	0	25	150	42	0	38	11
Dirty Chai Latte, Iced - S - Whole Milk	160	35	4	2.5	0	15	60	25	0	23	5
Dirty Chai Latte, Iced - M - Whole Milk	260	80	9	6	0	40	130	35	0	32	9
Dirty Chai Latte, Iced - L - Whole Milk	300	90	10	6	0	40	150	43	0	40	11
Drip Coffee - S -	0	0	0	0	0	0	5	0	0	0	0
Drip Coffee - M -	0	0	0	0	0	0	10	0	0	0	1
Drip Coffee - L -	5	0	0	0	0	0	10	0	0	0	1
Earl Grey Latte - S - Almond Milk	120	30	3.5	0	0	0	200	20	1	19	2
Earl Grey Latte - M - Almond Milk	160	35	4	0	0	0	250	28	1	26	2
Earl Grey Latte - L - Almond Milk	200	45	5	0	0	0	300	36	1	34	3
Earl Grey Latte - S - Coconut Milk	130	50	5	5	0	0	135	20	0	20	1
Earl Grey Latte - M - Coconut Milk	180	60	7	6	0	0	170	28	1	28	2
Earl Grey Latte - L - Coconut Milk	220	70	8	8	0	0	200	35	1	35	2
Earl Grey Latte - S - Skim Milk	130	5	0.5	0	0	5	135	23	0	24	9
Earl Grey Latte - M - Skim Milk	180	5	1	0.5	0	5	170	31	0	32	12
Earl Grey Latte - L - Skim Milk	220	10	1	0.5	0	5	200	39	0	40	14
Earl Grey Latte - S - Soy Milk	130	30	3	0	0	0	290	20	1	17	5
Earl Grey Latte - M - Soy Milk	170	35	4	0.5	0	0	360	27	1	24	7
Earl Grey Latte - L - Soy Milk	210	45	5	0.5	0	0	430	34	1	31	8
Earl Grey Latte - S - Standard Prep 2% Milk	170	40	4.5	3	0	20	135	23	0	22	9
Earl Grey Latte - M - Standard Prep 2% Milk	220	50	6	3.5	0	25	170	31	0	30	11
Earl Grey Latte - L - Standard Prep 2% Milk	270	60	7	4.5	0	30	200	39	0	38	14
Earl Grey Latte - S - Whole Milk	200	80	9	5	0	35	130	23	0	23	9
Earl Grey Latte - M - Whole Milk	260	100	11	7	0	45	160	31	0	31	11
Earl Grey Latte - L - Whole Milk	320	120	13	8	0	55	200	40	0	40	14
Earl Grey Latte, Iced - S - Almond Milk	90	15	2	0	0	0	115	16	0	16	1
Earl Grey Latte, Iced - M - Almond Milk	150	35	4	0	0	0	230	27	1	25	2
Earl Grey Latte, Iced - L - Almond Milk	180	35	4	0	0	0	250	33	1	32	3
Earl Grey Latte, Iced - S - Coconut Milk	90	30	3	3	0	0	80	16	0	16	1
Earl Grey Latte, Iced - M - Coconut Milk	170	60	6	6	0	0	150	26	0	27	2
Earl Grey Latte, Iced - L - Coconut Milk	200	60	7	6	0	0	170	33	1	33	2
Earl Grey Latte, Iced - S - Skim Milk	90	0	0	0	0	5	80	18	0	18	6
Earl Grey Latte, Iced - M - Skim Milk	170	5	0.5	0	0	5	150	30	0	30	11
Earl Grey Latte, Iced - L - Skim Milk	200	5	1	0.5	0	5	170	36	0	37	12
Earl Grey Latte, Iced - S - Soy Milk	90	15	2	0	0	0	170	16	0	15	3
Earl Grey Latte, Iced - M - Soy Milk	160	35	3.5	0	0	0	330	26	1	23	6
Earl Grey Latte, Iced - L - Soy Milk	190	35	4	0.5	0	0	360	32	1	29	7
Earl Grey Latte, Iced - S - Standard Prep 2% Milk	110	25	2.5	1.5	0	10	80	17	0	17	6
Earl Grey Latte, Iced - M - Standard Prep 2% Milk	200	50	5	3.5	0	20	150	29	0	29	10
Earl Grey Latte, Iced - L - Standard Prep 2% Milk	240	50	6	3.5	0	25	170	36	0	35	12
Earl Grey Latte, Iced - S - Whole Milk	130	45	5	3	0	20	75	18	0	18	5

Beverage	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
Earl Grey Latte, Iced - M - Whole Milk	240	90	10	6	0	40	150	30	0	30	10
Earl Grey Latte, Iced - L - Whole Milk	280	100	11	7	0	45	170	37	0	37	12
Espresso Forte - Single -	10	0	0	0	0	0	0	1	0	0	0
Espresso Forte - Double -	15	0	0	0	0	0	0	3	0	0	1
Espresso Forte - Triple -	25	0	0	0	0	0	0	4	0	0	1
Iced Tea - S -	0	0	0	0	0	0	0	0	0	0	0
Iced Tea - M -	0	0	0	0	0	0	0	0	0	0	0
Iced Tea - L -	0	0	0	0	0	0	0	0	0	0	0
Iced Tea Lemonade - S -	40	0	0	0	0	0	0	10	0	9	0
Iced Tea Lemonade - M -	50	0	0	0	0	0	0	13	0	12	0
Iced Tea Lemonade - L -	90	0	0	0	0	0	10	23	0	20	0
Javiva, Caramel - S - Almond Milk	420	110	12	7	0	30	220	76	1	67	4
Javiva, Caramel - M - Almond Milk	460	110	12	7	0	30	260	84	1	74	4
Javiva, Caramel - L - Almond Milk	570	120	13	7	0	30	360	107	1	95	6
Javiva, Caramel - S - Coconut Milk	430	120	13	9	0	30	190	76	0	67	4
Javiva, Caramel - M - Coconut Milk	470	120	13	9	0	30	220	84	1	75	4
Javiva, Caramel - L - Coconut Milk	580	130	15	11	0	30	300	107	1	95	5
Javiva, Caramel - S - Skim Milk	430	100	11	7	0	35	190	77	0	68	7
Javiva, Caramel - M - Skim Milk	470	100	11	7	0	35	230	86	0	76	8
Javiva, Caramel - L - Skim Milk	580	100	11	7	0	35	310	109	0	98	11
Javiva, Caramel - S - Soy Milk	430	110	12	7	0	30	260	76	1	66	6
Javiva, Caramel - M - Soy Milk	470	110	12	7	0	30	300	84	1	73	6
Javiva, Caramel - L - Soy Milk	570	120	13	7	0	30	420	107	1	93	8
Javiva, Caramel - S - Standard Prep 2% Milk	440	110	12	8	0	40	190	77	0	68	7
Javiva, Caramel - M - Standard Prep 2% Milk	490	120	13	8	0	40	220	85	0	76	8
Javiva, Caramel - L - Standard Prep 2% Milk	610	130	14	9	0	45	300	109	0	97	11
Javiva, Caramel - S - Whole Milk	460	130	14	9	0	45	190	77	0	68	7
Javiva, Caramel - M - Whole Milk	500	130	15	9	0	50	220	86	0	76	8
Javiva, Caramel - L - Whole Milk	630	160	17	11	0.5	60	300	109	0	97	11
Javiva, Chai - S - Almond Milk	310	110	12	7	0	30	220	50	1	48	3
Javiva, Chai - M - Almond Milk	370	110	12	7	0	30	260	61	1	59	3
Javiva, Chai - L - Almond Milk	470	120	13	7	0	30	360	83	1	79	4
Javiva, Chai - S - Coconut Milk	320	110	13	9	0	30	190	50	0	48	2
Javiva, Chai - M - Coconut Milk	370	120	13	9	0	30	220	61	1	59	3
Javiva, Chai - L - Coconut Milk	480	130	15	11	0	30	310	83	1	80	4
Javiva, Chai - S - Skim Milk	320	90	11	7	0	35	190	51	0	50	6
Javiva, Chai - M - Skim Milk	370	100	11	7	0	35	230	62	0	61	7
Javiva, Chai - L - Skim Milk	480	100	11	7	0	35	310	85	0	83	10
Javiva, Chai - S - Soy Milk	320	100	12	7	0	30	260	49	1	47	4
Javiva, Chai - M - Soy Milk	370	110	12	7	0	30	300	61	1	58	5
Javiva, Chai - L - Soy Milk	470	120	13	7	0	30	420	82	1	78	7
Javiva, Chai - S - Standard Prep 2% Milk	340	110	12	8	0	40	190	51	0	49	6
Javiva, Chai - M - Standard Prep 2% Milk	390	110	13	8	0	40	220	62	0	60	7
Javiva, Chai - L - Standard Prep 2% Milk	500	130	14	9	0	45	310	85	0	82	9
Javiva, Chai - S - Whole Milk	350	130	14	9	0	45	190	51	0	49	6

Beverage	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
Javiva, Chai - M - Whole Milk	410	130	15	9	0	50	220	63	0	60	7
Javiva, Chai - L - Whole Milk	530	150	17	11	0.5	60	300	85	0	82	9
Javiva, Chocolate Caramel Swirl - S - Almond Milk	450	110	13	7	0	30	220	82	2	70	5
Javiva, Chocolate Caramel Swirl - M - Almond Milk	490	120	13	7	0	30	260	90	2	78	5
Javiva, Chocolate Caramel Swirl - L - Almond Milk	600	130	14	8	0	30	360	113	2	98	6
Javiva, Chocolate Caramel Swirl - S - Coconut Milk	450	120	14	9	0	30	190	82	2	71	4
Javiva, Chocolate Caramel Swirl - M - Coconut Milk	490	130	14	10	0	30	220	90	2	78	5
Javiva, Chocolate Caramel Swirl - L - Coconut Milk	610	140	16	11	0	30	300	113	2	99	6
Javiva, Chocolate Caramel Swirl - S - Skim Milk	450	100	12	7	0	35	190	83	1	72	8
Javiva, Chocolate Caramel Swirl - M - Skim Milk	490	110	12	8	0	35	230	91	2	80	9
Javiva, Chocolate Caramel Swirl - L - Skim Milk	600	110	12	8	0	35	310	115	2	101	12
Javiva, Chocolate Caramel Swirl - S - Soy Milk	450	110	13	7	0	30	260	81	2	69	6
Javiva, Chocolate Caramel Swirl - M - Soy Milk	490	120	13	8	0	30	300	90	2	77	7
Javiva, Chocolate Caramel Swirl - L - Soy Milk	600	130	14	8	0	30	420	112	2	97	9
Javiva, Chocolate Caramel Swirl - S - Standard Prep 2% Milk	470	120	13	8	0	40	190	83	1	71	8
Javiva, Chocolate Caramel Swirl - M - Standard Prep 2% Milk	510	120	14	9	0	40	220	91	2	79	9
Javiva, Chocolate Caramel Swirl - L - Standard Prep 2% Milk	630	140	15	10	0	45	300	115	2	100	12
Javiva, Chocolate Caramel Swirl - S - Whole Milk	480	130	15	10	0	45	190	83	1	72	8
Javiva, Chocolate Caramel Swirl - M - Whole Milk	530	140	16	10	0	50	220	91	2	80	9
Javiva, Chocolate Caramel Swirl - L - Whole Milk	660	160	18	12	0.5	60	300	115	2	101	12
Javiva, Coffee - S - Almond Milk	280	110	12	7	0	30	220	41	1	38	3
Javiva, Coffee - M - Almond Milk	320	110	12	7	0	30	260	49	1	46	3
Javiva, Coffee - L - Almond Milk	400	120	13	7	0	30	360	65	1	60	5
Javiva, Coffee - S - Coconut Milk	290	110	13	9	0	30	190	41	0	39	3
Javiva, Coffee - M - Coconut Milk	320	120	13	9	0	30	220	49	1	46	3
Javiva, Coffee - L - Coconut Milk	410	130	15	11	0	30	300	65	1	61	4
Javiva, Coffee - S - Skim Milk	290	90	11	7	0	35	190	42	0	40	6
Javiva, Coffee - M - Skim Milk	320	100	11	7	0	35	230	50	0	48	7
Javiva, Coffee - L - Skim Milk	410	100	11	7	0	35	310	67	0	64	10
Javiva, Coffee - S - Soy Milk	280	100	12	7	0	30	260	40	1	37	4
Javiva, Coffee - M - Soy Milk	320	110	12	7	0	30	300	49	1	45	5
Javiva, Coffee - L - Soy Milk	400	120	13	7	0	30	420	64	1	59	7
Javiva, Coffee - S - Standard Prep 2% Milk	300	110	12	8	0	40	190	42	0	39	6
Javiva, Coffee - M - Standard Prep 2% Milk	340	110	13	8	0	40	220	50	0	47	7
Javiva, Coffee - L - Standard Prep 2% Milk	430	130	14	9	0	45	300	67	0	62	10
Javiva, Coffee - S - Whole Milk	320	130	14	9	0	45	190	42	0	40	6
Javiva, Coffee - M - Whole Milk	360	130	15	9	0	50	220	50	0	48	7
Javiva, Coffee - L - Whole Milk	460	150	17	11	0.5	60	300	67	0	63	10
Javiva, Coffee Free, Caramel - S - Almond Milk	430	110	12	7	0	30	250	77	1	68	4
Javiva, Coffee Free, Caramel - M - Almond Milk	470	120	13	7	0	30	310	86	1	76	4
Javiva, Coffee Free, Caramel - L - Almond Milk	590	130	15	7	0	30	430	109	1	97	5
Javiva, Coffee Free, Caramel - S - Coconut Milk	440	120	14	10	0	30	210	77	1	69	3
Javiva, Coffee Free, Caramel - M - Coconut Milk	480	130	15	11	0	30	260	85	1	77	4
Javiva, Coffee Free, Caramel - L - Coconut Milk	600	150	17	13	0	30	350	109	1	98	5
Javiva, Coffee Free, Caramel - S - Skim Milk	440	100	11	7	0	35	210	78	0	71	8

Beverage	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
Javiva, Coffee Free, Caramel - M - Skim Milk	480	100	11	7	0	35	260	87	0	79	10
Javiva, Coffee Free, Caramel - L - Skim Milk	600	100	12	7	0	35	350	112	0	102	14
Javiva, Coffee Free, Caramel - S - Soy Milk	440	110	12	7	0	30	310	76	1	67	6
Javiva, Coffee Free, Caramel - M - Soy Milk	480	120	13	7	0	30	370	85	1	75	7
Javiva, Coffee Free, Caramel - L - Soy Milk	590	130	15	7	0	30	530	108	1	95	9
Javiva, Coffee Free, Caramel - S - Standard Prep 2% Milk	460	120	13	8	0	45	210	78	0	70	8
Javiva, Coffee Free, Caramel - M - Standard Prep 2% Milk	510	130	14	9	0	45	260	87	0	78	10
Javiva, Coffee Free, Caramel - L - Standard Prep 2% Milk	640	150	16	10	0	55	350	112	0	100	14
Javiva, Coffee Free, Caramel - S - Whole Milk	480	140	16	10	0.5	55	210	79	0	70	8
Javiva, Coffee Free, Caramel - M - Whole Milk	540	150	17	11	0.5	60	250	88	0	79	10
Javiva, Coffee Free, Caramel - L - Whole Milk	680	180	20	13	0.5	70	350	112	0	102	13
Javiva, Coffee Free, Chocolate - S - Almond Milk	370	120	14	8	0	30	260	61	3	53	4
Javiva, Coffee Free, Chocolate - M - Almond Milk	410	130	14	8	0	30	310	69	3	62	4
Javiva, Coffee Free, Chocolate - L - Almond Milk	520	150	16	8	0	30	430	92	4	82	6
Javiva, Coffee Free, Chocolate - S - Coconut Milk	380	140	15	11	0	30	210	61	2	54	4
Javiva, Coffee Free, Chocolate - M - Coconut Milk	420	140	16	11	0	30	260	69	2	62	4
Javiva, Coffee Free, Chocolate - L - Coconut Milk	540	170	19	14	0	30	350	92	3	83	5
Javiva, Coffee Free, Chocolate - S - Skim Milk	380	110	12	8	0	35	210	62	2	56	9
Javiva, Coffee Free, Chocolate - M - Skim Milk	420	110	12	8	0	35	260	71	2	65	10
Javiva, Coffee Free, Chocolate - L - Skim Milk	540	120	13	8	0	35	360	95	3	87	14
Javiva, Coffee Free, Chocolate - S - Soy Milk	370	120	14	8	0	30	310	60	3	52	6
Javiva, Coffee Free, Chocolate - M - Soy Milk	420	130	14	8	0	30	370	69	3	60	7
Javiva, Coffee Free, Chocolate - L - Soy Milk	530	140	16	8	0	30	530	91	4	80	10
Javiva, Coffee Free, Chocolate - S - Standard Prep 2% Milk	400	130	15	9	0	45	210	62	2	55	8
Javiva, Coffee Free, Chocolate - M - Standard Prep 2% Milk	450	140	15	10	0	45	260	71	2	64	10
Javiva, Coffee Free, Chocolate - L - Standard Prep 2% Milk	580	160	18	11	0	55	350	95	3	85	14
Javiva, Coffee Free, Chocolate - S - Whole Milk	420	150	17	11	0.5	55	210	63	2	56	8
Javiva, Coffee Free, Chocolate - M - Whole Milk	470	160	18	12	0.5	60	250	72	2	64	10
Javiva, Coffee Free, Chocolate - L - Whole Milk	620	200	22	14	0.5	70	350	96	3	86	14
Javiva, Coffee Free, Flavored - S - Almond Milk	370	110	12	7	0	30	250	63	1	60	3
Javiva, Coffee Free, Flavored - M - Almond Milk	440	120	13	7	0	30	310	78	1	75	3
Javiva, Coffee Free, Flavored - L - Almond Milk	560	130	14	7	0	30	430	102	1	98	4
Javiva, Coffee Free, Flavored - S - Coconut Milk	380	120	14	10	0	30	210	62	1	61	2
Javiva, Coffee Free, Flavored - M - Coconut Milk	450	130	15	11	0	30	260	78	1	76	3
Javiva, Coffee Free, Flavored - L - Coconut Milk	570	150	17	13	0	30	350	101	1	99	4
Javiva, Coffee Free, Flavored - S - Skim Milk	380	100	11	7	0	35	210	64	0	63	7
Javiva, Coffee Free, Flavored - M - Skim Milk	450	100	11	7	0	35	260	80	0	79	9
Javiva, Coffee Free, Flavored - L - Skim Milk	570	100	11	7	0	35	350	104	0	103	13
Javiva, Coffee Free, Flavored - S - Soy Milk	380	110	12	7	0	30	310	62	1	59	5
Javiva, Coffee Free, Flavored - M - Soy Milk	450	120	13	7	0	30	370	77	1	74	6
Javiva, Coffee Free, Flavored - L - Soy Milk	560	130	14	7	0	30	530	101	1	96	8
Javiva, Coffee Free, Flavored - S - Standard Prep 2% Milk	400	120	13	8	0	45	210	64	0	62	7
Javiva, Coffee Free, Flavored - M - Standard Prep 2% Milk	480	130	14	9	0	45	260	80	0	77	9
Javiva, Coffee Free, Flavored - L - Standard Prep 2% Milk	610	140	16	10	0	55	350	104	0	101	12
Javiva, Coffee Free, Flavored - S - Whole Milk	420	140	16	10	0.5	55	210	64	0	63	7

Beverage	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
Javiva, Coffee Free, Flavored - M - Whole Milk	500	150	17	11	0.5	60	250	80	0	78	9
Javiva, Coffee Free, Flavored - L - Whole Milk	650	180	20	13	0.5	70	350	105	0	102	12
Javiva, Earl Grey - S - Almond Milk	320	110	12	7	0	30	220	50	1	49	3
Javiva, Earl Grey - M - Almond Milk	370	110	12	7	0	30	260	63	1	62	3
Javiva, Earl Grey - L - Almond Milk	470	120	13	7	0	30	360	84	1	82	5
Javiva, Earl Grey - S - Coconut Milk	320	110	13	9	0	30	190	50	0	49	3
Javiva, Earl Grey - M - Coconut Milk	380	120	13	9	0	30	230	63	1	62	3
Javiva, Earl Grey - L - Coconut Milk	480	130	15	11	0	30	310	84	1	82	4
Javiva, Earl Grey - S - Skim Milk	320	90	11	7	0	35	190	51	0	51	6
Javiva, Earl Grey - M - Skim Milk	380	100	11	7	0	35	230	64	0	64	7
Javiva, Earl Grey - L - Skim Milk	480	100	11	7	0	35	310	86	0	85	10
Javiva, Earl Grey - S - Soy Milk	320	100	12	7	0	30	260	50	1	48	4
Javiva, Earl Grey - M - Soy Milk	380	110	12	7	0	30	310	63	1	61	5
Javiva, Earl Grey - L - Soy Milk	470	120	13	7	0	30	430	83	1	80	7
Javiva, Earl Grey - S - Standard Prep 2% Milk	340	110	12	8	0	40	190	51	0	50	6
Javiva, Earl Grey - M - Standard Prep 2% Milk	400	110	13	8	0	40	230	64	0	63	7
Javiva, Earl Grey - L - Standard Prep 2% Milk	500	130	14	9	0	45	310	85	0	84	10
Javiva, Earl Grey - S - Whole Milk	350	130	14	9	0	45	190	51	0	50	6
Javiva, Earl Grey - M - Whole Milk	410	130	15	9	0	50	230	65	0	63	7
Javiva, Earl Grey - L - Whole Milk	530	150	17	11	0.5	60	310	86	0	84	10
Javiva, Flavored - S - Almond Milk	360	110	12	7	0	30	220	62	1	59	3
Javiva, Flavored - M - Almond Milk	430	110	12	7	0	30	260	77	1	74	3
Javiva, Flavored - L - Almond Milk	540	120	13	7	0	30	360	100	1	95	5
Javiva, Flavored - S - Coconut Milk	370	110	13	9	0	30	190	62	0	59	3
Javiva, Flavored - M - Coconut Milk	440	120	13	9	0	30	220	77	1	74	3
Javiva, Flavored - L - Coconut Milk	550	130	15	11	0	30	300	100	1	96	4
Javiva, Flavored - S - Skim Milk	370	90	11	7	0	35	190	63	0	61	6
Javiva, Flavored - M - Skim Milk	440	100	11	7	0	35	230	78	0	76	7
Javiva, Flavored - L - Skim Milk	550	100	11	7	0	35	310	102	0	98	10
Javiva, Flavored - S - Soy Milk	370	100	12	7	0	30	260	61	1	58	4
Javiva, Flavored - M - Soy Milk	430	110	12	7	0	30	300	76	1	73	5
Javiva, Flavored - L - Soy Milk	540	120	13	7	0	30	420	99	1	94	7
Javiva, Flavored - S - Standard Prep 2% Milk	380	110	12	8	0	40	190	63	0	60	6
Javiva, Flavored - M - Standard Prep 2% Milk	450	110	13	8	0	40	220	78	0	75	7
Javiva, Flavored - L - Standard Prep 2% Milk	570	130	14	9	0	45	300	102	0	97	10
Javiva, Flavored - S - Whole Milk	400	130	14	9	0	45	190	63	0	61	6
Javiva, Flavored - M - Whole Milk	470	130	15	9	0	50	220	78	0	75	7
Javiva, Flavored - L - Whole Milk	600	150	17	11	0.5	60	300	102	0	98	10
Javiva, Matcha - S - Almond Milk	290	110	12	7	0	30	260	42	1	40	3
Javiva, Matcha - M - Almond Milk	330	120	13	7	0	30	310	50	1	48	3
Javiva, Matcha - L - Almond Milk	420	130	14	7	0	30	430	67	1	63	4
Javiva, Matcha - S - Skim Milk	290	90	10	7	0	35	200	43	0	42	7
Javiva, Matcha - M - Skim Milk	330	100	11	7	0	35	240	52	0	51	8
Javiva, Matcha - L - Skim Milk	420	100	11	7	0	35	320	69	0	68	12
Javiva, Matcha - S - Soy Milk	290	110	12	7	0	30	310	41	1	38	5

Beverage	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
Javiva, Matcha - M - Soy Milk	330	120	13	7	0	30	370	49	1	46	6
Javiva, Matcha - L - Soy Milk	420	130	14	7	0	30	530	66	1	61	8
Javiva, Matcha - S - Standard Prep 2% Milk	320	120	13	8	0	45	210	43	0	41	7
Javiva, Matcha - M - Standard Prep 2% Milk	370	130	14	9	0	45	260	52	0	50	9
Javiva, Matcha - L - Standard Prep 2% Milk	470	140	16	10	0	55	350	69	0	66	12
Javiva, Matcha - S - Whole Milk	340	140	16	10	0.5	55	210	43	0	42	7
Javiva, Matcha - M - Whole Milk	390	150	17	11	0.5	60	250	52	0	51	9
Javiva, Matcha - L - Whole Milk	510	180	20	13	0.5	70	350	70	0	67	12
Javiva, Mayan Mocha - S - Almond Milk	360	110	13	7	0	30	220	59	3	52	5
Javiva, Mayan Mocha - M - Almond Milk	450	120	14	8	0	30	260	78	6	67	7
Javiva, Mayan Mocha - L - Almond Milk	570	140	16	9	0	30	360	104	8	88	9
Javiva, Mayan Mocha - S - Coconut Milk	360	120	13	9	0	30	190	58	3	52	4
Javiva, Mayan Mocha - M - Coconut Milk	450	130	15	10	0	30	230	77	5	67	6
Javiva, Mayan Mocha - L - Coconut Milk	580	160	17	12	0	30	310	104	8	89	9
Javiva, Mayan Mocha - S - Skim Milk	360	100	11	7	0	35	190	60	3	54	8
Javiva, Mayan Mocha - M - Skim Milk	450	110	12	8	0	35	230	79	5	69	10
Javiva, Mayan Mocha - L - Skim Milk	580	120	14	9	0	35	310	106	8	92	15
Javiva, Mayan Mocha - S - Soy Milk	360	110	12	7	0	30	260	58	3	51	6
Javiva, Mayan Mocha - M - Soy Milk	450	120	14	8	0	30	310	77	6	66	9
Javiva, Mayan Mocha - L - Soy Milk	580	140	16	9	0	30	430	104	8	87	12
Javiva, Mayan Mocha - S - Standard Prep 2% Milk	380	120	13	8	0	40	190	60	3	53	8
Javiva, Mayan Mocha - M - Standard Prep 2% Milk	470	130	14	9	0	40	230	79	5	68	10
Javiva, Mayan Mocha - L - Standard Prep 2% Milk	610	150	17	11	0	45	310	106	8	90	15
Javiva, Mayan Mocha - S - Whole Milk	390	130	15	10	0	45	190	60	3	54	8
Javiva, Mayan Mocha - M - Whole Milk	490	150	16	10	0	50	230	79	5	69	10
Javiva, Mayan Mocha - L - Whole Milk	640	180	20	13	0.5	60	310	106	8	91	15
Javiva, Mocha - S - Almond Milk	360	120	13	8	0	30	220	60	2	52	4
Javiva, Mocha - M - Almond Milk	400	120	13	8	0	30	260	68	2	60	5
Javiva, Mocha - L - Almond Milk	500	130	15	8	0	30	360	91	3	79	6
Javiva, Mocha - S - Coconut Milk	370	130	14	10	0	30	190	60	2	52	4
Javiva, Mocha - M - Coconut Milk	410	130	14	10	0	30	220	68	2	60	4
Javiva, Mocha - L - Coconut Milk	510	150	17	12	0	30	310	90	3	80	6
Javiva, Mocha - S - Skim Milk	370	110	12	8	0	35	190	61	2	54	7
Javiva, Mocha - M - Skim Milk	410	110	12	8	0	35	230	69	2	62	8
Javiva, Mocha - L - Skim Milk	510	120	13	8	0	35	310	92	3	82	12
Javiva, Mocha - S - Soy Milk	360	120	13	8	0	30	260	60	2	51	6
Javiva, Mocha - M - Soy Milk	400	120	13	8	0	30	300	68	2	59	6
Javiva, Mocha - L - Soy Milk	510	130	15	8	0	30	420	90	3	77	9
Javiva, Mocha - S - Standard Prep 2% Milk	380	120	14	9	0	40	190	61	2	53	7
Javiva, Mocha - M - Standard Prep 2% Milk	420	130	14	9	0	40	220	69	2	61	8
Javiva, Mocha - L - Standard Prep 2% Milk	540	140	16	10	0	45	300	92	3	81	11
Javiva, Mocha - S - Whole Milk	400	140	15	10	0	45	190	61	2	54	7
Javiva, Mocha - M - Whole Milk	440	140	16	10	0	50	220	70	2	62	8
Javiva, Mocha - L - Whole Milk	570	170	19	12	0.5	60	300	93	3	82	11
Javiva, White Mocha - S - Almond Milk	330	110	12	7	0	30	250	53	1	50	4

Beverage	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
Javiva, White Mocha - M - Almond Milk	370	110	12	7	0	30	290	61	1	58	4
Javiva, White Mocha - L - Almond Milk	480	120	13	7	0	30	400	83	1	78	6
Javiva, White Mocha - S - Coconut Milk	340	110	13	9	0	30	220	53	0	50	4
Javiva, White Mocha - M - Coconut Milk	380	120	13	9	0	30	260	61	1	58	4
Javiva, White Mocha - L - Coconut Milk	490	130	15	11	0	30	350	83	1	79	6
Javiva, White Mocha - S - Skim Milk	340	100	11	7	0	35	220	54	0	52	7
Javiva, White Mocha - M - Skim Milk	380	100	11	7	0	35	260	62	0	60	8
Javiva, White Mocha - L - Skim Milk	490	100	11	7	0	35	350	85	1	81	12
Javiva, White Mocha - S - Soy Milk	330	110	12	7	0	30	290	52	1	49	5
Javiva, White Mocha - M - Soy Milk	370	110	12	7	0	30	330	60	1	57	6
Javiva, White Mocha - L - Soy Milk	480	120	13	7	0	30	470	82	1	77	9
Javiva, White Mocha - S - Standard Prep 2% Milk	350	110	12	8	0	40	220	54	0	51	7
Javiva, White Mocha - M - Standard Prep 2% Milk	390	120	13	8	0	40	260	62	0	59	8
Javiva, White Mocha - L - Standard Prep 2% Milk	510	130	14	9	0	45	350	85	1	80	11
Javiva, White Mocha - S - Whole Milk	370	130	14	9	0	45	220	54	0	52	7
Javiva, White Mocha - M - Whole Milk	410	130	15	10	0	50	250	62	0	60	8
Javiva, White Mocha - L - Whole Milk	540	160	17	11	0.5	60	350	85	1	81	11
Javiva Light, Caramel - S - 2% Milk	280	25	3	2	0	10	140	62	0	48	5
Javiva Light, Caramel - M - 2% Milk	310	30	3.5	2.5	0	10	170	68	1	52	6
Javiva Light, Caramel - L - 2% Milk	390	45	5	3	0	15	230	86	1	65	8
Javiva Light, Caramel - S - Almond Milk	260	20	2.5	1	0	0	170	61	1	47	2
Javiva Light, Caramel - M - Almond Milk	280	25	3	1	0	0	210	67	1	51	2
Javiva Light, Caramel - L - Almond Milk	360	35	4	1	0	0	280	84	1	63	3
Javiva Light, Caramel - S - Coconut Milk	260	30	3.5	3	0	0	140	61	1	47	2
Javiva Light, Caramel - M - Coconut Milk	290	35	4	3.5	0	0	170	67	1	51	2
Javiva Light, Caramel - L - Coconut Milk	370	50	5	5	0	0	230	84	1	64	2
Javiva Light, Caramel - S - Soy Milk	260	20	2.5	1	0	0	210	61	1	46	3
Javiva Light, Caramel - M - Soy Milk	280	25	2.5	1	0	0	250	67	1	50	4
Javiva Light, Caramel - L - Soy Milk	360	35	4	1.5	0	0	350	83	1	62	6
Javiva Light, Caramel - S - Standard Prep Skim Milk	260	10	1	0.5	0	5	130	62	0	49	5
Javiva Light, Caramel - M - Standard Prep Skim Milk	280	10	1	1	0	5	160	68	1	53	6
Javiva Light, Caramel - L - Standard Prep Skim Milk	360	15	1.5	1	0	5	210	86	1	66	8
Javiva Light, Caramel - S - Whole Milk	290	40	4.5	3	0	15	140	63	0	49	5
Javiva Light, Caramel - M - Whole Milk	320	50	5	3.5	0	20	170	69	1	53	6
Javiva Light, Caramel - L - Whole Milk	420	70	8	5	0	30	230	86	1	66	8
Javiva Light, Chai - S - 2% Milk	170	25	3	2	0	10	140	36	0	29	4
Javiva Light, Chai - M - 2% Milk	210	30	3.5	2	0	10	170	45	1	37	4
Javiva Light, Chai - L - 2% Milk	290	40	4.5	3	0	15	230	62	1	50	7
Javiva Light, Chai - S - Almond Milk	150	20	2	0.5	0	0	170	35	1	28	1
Javiva Light, Chai - M - Almond Milk	180	25	2.5	1	0	0	210	44	1	35	1
Javiva Light, Chai - L - Almond Milk	260	35	3.5	1	0	0	280	60	1	48	1
Javiva Light, Chai - S - Coconut Milk	160	30	3	3	0	0	140	35	1	28	0
Javiva Light, Chai - M - Coconut Milk	190	35	3.5	3.5	0	0	170	44	1	36	1
Javiva Light, Chai - L - Coconut Milk	270	50	5	5	0	0	230	60	1	49	1
Javiva Light, Chai - S - Soy Milk	150	20	2	1	0	0	210	35	1	27	2

Beverage	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
Javiva Light, Chai - M - Soy Milk	190	25	2.5	1	0	0	250	44	1	34	3
Javiva Light, Chai - L - Soy Milk	260	30	3.5	1.5	0	0	350	59	1	47	4
Javiva Light, Chai - S - Standard Prep Skim Milk	150	10	1	0.5	0	5	135	36	0	30	4
Javiva Light, Chai - M - Standard Prep Skim Milk	190	10	1	1	0	5	160	45	1	37	4
Javiva Light, Chai - L - Standard Prep Skim Milk	260	10	1.5	1	0	5	210	62	1	51	6
Javiva Light, Chai - S - Whole Milk	190	40	4.5	3	0	15	140	36	0	30	4
Javiva Light, Chai - M - Whole Milk	230	45	5	3.5	0	20	170	45	1	37	4
Javiva Light, Chai - L - Whole Milk	320	70	8	5	0	25	230	62	1	51	7
Javiva Light, Chocolate Caramel Swirl - S - 2% Milk	300	35	4	2.5	0	10	140	68	2	52	6
Javiva Light, Chocolate Caramel Swirl - M - 2% Milk	330	40	4.5	3	0	10	170	74	2	56	6
Javiva Light, Chocolate Caramel Swirl - L - 2% Milk	420	50	6	4	0	15	230	91	2	69	9
Javiva Light, Chocolate Caramel Swirl - S - Almond Milk	280	30	3	1.5	0	0	170	67	2	51	3
Javiva Light, Chocolate Caramel Swirl - M - Almond Milk	310	30	3.5	1.5	0	0	210	73	2	54	3
Javiva Light, Chocolate Caramel Swirl - L - Almond Milk	380	40	4.5	1.5	0	0	280	90	2	67	4
Javiva Light, Chocolate Caramel Swirl - S - Coconut Milk	290	40	4	3.5	0	0	140	67	2	51	2
Javiva Light, Chocolate Caramel Swirl - M - Coconut Milk	310	40	4.5	4	0	0	170	73	2	55	2
Javiva Light, Chocolate Caramel Swirl - L - Coconut Milk	390	60	6	5	0	0	230	89	2	68	3
Javiva Light, Chocolate Caramel Swirl - S - Soy Milk	290	30	3	1.5	0	0	210	67	2	50	4
Javiva Light, Chocolate Caramel Swirl - M - Soy Milk	310	30	3.5	1.5	0	0	250	72	2	53	4
Javiva Light, Chocolate Caramel Swirl - L - Soy Milk	390	40	4.5	2	0	0	350	89	2	66	6
Javiva Light, Chocolate Caramel Swirl - S - Standard Prep Skim Milk	290	15	2	1.5	0	5	135	68	2	52	6
Javiva Light, Chocolate Caramel Swirl - M - Standard Prep Skim Milk	310	20	2	1.5	0	5	160	74	2	57	6
Javiva Light, Chocolate Caramel Swirl - L - Standard Prep Skim Milk	390	20	2.5	1.5	0	5	210	91	2	70	9
Javiva Light, Chocolate Caramel Swirl - S - Whole Milk	320	50	6	3.5	0	15	140	68	2	52	6
Javiva Light, Chocolate Caramel Swirl - M - Whole Milk	350	60	6	4	0	20	170	74	2	56	6
Javiva Light, Chocolate Caramel Swirl - L - Whole Milk	440	80	9	6	0	30	230	92	2	70	9
Javiva Light, Coffee - S - 2% Milk	130	25	3	2	0	10	140	27	0	20	4
Javiva Light, Coffee - M - 2% Milk	160	30	3.5	2	0	10	170	33	1	24	5
Javiva Light, Coffee - L - 2% Milk	220	40	4.5	3	0	15	230	43	1	31	7
Javiva Light, Coffee - S - Almond Milk	110	20	2	0.5	0	0	170	26	1	18	1
Javiva Light, Coffee - M - Almond Milk	140	25	2.5	1	0	0	210	32	1	22	1
Javiva Light, Coffee - L - Almond Milk	180	35	3.5	1	0	0	280	42	1	29	2
Javiva Light, Coffee - S - Coconut Milk	120	30	3	3	0	0	140	26	1	19	1
Javiva Light, Coffee - M - Coconut Milk	140	35	3.5	3.5	0	0	170	32	1	23	1
Javiva Light, Coffee - L - Coconut Milk	190	50	5	5	0	0	230	41	1	30	1
Javiva Light, Coffee - S - Soy Milk	120	20	2	1	0	0	210	26	1	18	2
Javiva Light, Coffee - M - Soy Milk	140	25	2.5	1	0	0	250	31	1	21	3
Javiva Light, Coffee - L - Soy Milk	190	30	3.5	1.5	0	0	350	41	1	28	4
Javiva Light, Coffee - S - Standard Prep Skim Milk	120	10	1	0.5	0	5	130	27	0	20	4
Javiva Light, Coffee - M - Standard Prep Skim Milk	140	10	1	1	0	5	160	33	1	25	5
Javiva Light, Coffee - L - Standard Prep Skim Milk	190	10	1.5	1	0	5	210	43	1	32	7
Javiva Light, Coffee - S - Whole Milk	150	40	4.5	3	0	15	140	27	0	20	4
Javiva Light, Coffee - M - Whole Milk	180	45	5	3.5	0	20	170	33	1	24	5
Javiva Light, Coffee - L - Whole Milk	250	70	8	5	0	25	230	44	1	32	7
Javiva Light, Coffee Free, Caramel - S - 2% Milk	300	35	4	2.5	0	15	170	64	0	50	6

Beverage	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
Javiva Light, Coffee Free, Caramel - M - 2% Milk	330	40	4.5	3	0	15	200	70	1	55	7
Javiva Light, Coffee Free, Caramel - L - 2% Milk	430	60	7	4.5	0	20	280	88	1	69	11
Javiva Light, Coffee Free, Caramel - S - Almond Milk	270	25	3	1	0	0	210	62	1	48	2
Javiva Light, Coffee Free, Caramel - M - Almond Milk	290	30	3.5	1	0	0	250	68	1	53	2
Javiva Light, Coffee Free, Caramel - L - Almond Milk	380	45	5	1.5	0	0	360	86	2	66	3
Javiva Light, Coffee Free, Caramel - S - Coconut Milk	280	40	4.5	4	0	0	170	62	1	49	1
Javiva Light, Coffee Free, Caramel - M - Coconut Milk	300	45	5	4.5	0	0	200	68	1	53	1
Javiva Light, Coffee Free, Caramel - L - Coconut Milk	390	70	8	7	0	0	280	85	1	67	2
Javiva Light, Coffee Free, Caramel - S - Soy Milk	270	25	3	1	0	0	260	62	1	47	4
Javiva Light, Coffee Free, Caramel - M - Soy Milk	300	30	3.5	1	0	0	320	68	1	51	5
Javiva Light, Coffee Free, Caramel - L - Soy Milk	380	45	5	1.5	0	0	450	85	2	64	7
Javiva Light, Coffee Free, Caramel - S - Standard Prep Skim Milk	270	10	1	1	0	5	150	64	0	51	6
Javiva Light, Coffee Free, Caramel - M - Standard Prep Skim Milk	300	10	1	1	0	5	180	70	1	56	7
Javiva Light, Coffee Free, Caramel - L - Standard Prep Skim Milk	380	15	1.5	1	0	5	250	88	1	71	11
Javiva Light, Coffee Free, Caramel - S - Whole Milk	320	60	6	4	0	25	170	64	0	51	6
Javiva Light, Coffee Free, Caramel - M - Whole Milk	360	70	8	5	0	30	200	70	1	56	7
Javiva Light, Coffee Free, Caramel - L - Whole Milk	470	100	11	7	0	40	280	89	1	70	11
Javiva Light, Coffee Free, Chocolate - S - 2% Milk	230	45	5	3.5	0	10	170	48	2	36	6
Javiva Light, Coffee Free, Chocolate - M - 2% Milk	270	50	6	4	0	15	200	54	2	40	8
Javiva Light, Coffee Free, Chocolate - L - 2% Milk	360	70	8	5	0	20	280	72	3	54	11
Javiva Light, Coffee Free, Chocolate - S - Almond Milk	200	40	4	1.5	0	0	210	46	3	34	2
Javiva Light, Coffee Free, Chocolate - M - Almond Milk	230	45	5	2	0	0	250	52	3	38	2
Javiva Light, Coffee Free, Chocolate - L - Almond Milk	310	60	7	2.5	0	0	360	69	4	51	3
Javiva Light, Coffee Free, Chocolate - S - Coconut Milk	210	50	6	4.5	0	0	170	46	3	34	2
Javiva Light, Coffee Free, Chocolate - M - Coconut Milk	240	60	6	5	0	0	200	52	3	39	2
Javiva Light, Coffee Free, Chocolate - L - Coconut Milk	330	80	9	8	0	0	280	69	4	52	2
Javiva Light, Coffee Free, Chocolate - S - Soy Milk	210	35	4	1.5	0	0	260	46	3	33	4
Javiva Light, Coffee Free, Chocolate - M - Soy Milk	240	40	4.5	2	0	0	320	52	3	37	5
Javiva Light, Coffee Free, Chocolate - L - Soy Milk	320	60	7	2.5	0	0	450	68	4	48	7
Javiva Light, Coffee Free, Chocolate - S - Standard Prep Skim Milk	210	20	2	1.5	0	5	150	48	2	36	6
Javiva Light, Coffee Free, Chocolate - M - Standard Prep Skim Milk	240	20	2.5	1.5	0	5	180	54	2	41	7
Javiva Light, Coffee Free, Chocolate - L - Standard Prep Skim Milk	320	30	3	2	0	5	250	72	3	55	11
Javiva Light, Coffee Free, Chocolate - S - Whole Milk	260	70	7	5	0	25	170	48	2	36	6
Javiva Light, Coffee Free, Chocolate - M - Whole Milk	290	80	9	6	0	25	200	54	2	41	7
Javiva Light, Coffee Free, Chocolate - L - Whole Milk	400	110	13	8	0	40	280	72	3	55	11
Javiva Light, Coffee Free, Flavored - S - 2% Milk	240	35	3.5	2.5	0	10	170	49	0	42	5
Javiva Light, Coffee Free, Flavored - M - 2% Milk	300	40	4.5	3	0	15	200	63	1	54	6
Javiva Light, Coffee Free, Flavored - L - 2% Milk	400	60	6	4.5	0	20	280	81	1	70	10
Javiva Light, Coffee Free, Flavored - S - Almond Milk	210	25	3	1	0	0	210	48	1	41	1
Javiva Light, Coffee Free, Flavored - M - Almond Milk	260	30	3.5	1	0	0	250	61	1	52	1
Javiva Light, Coffee Free, Flavored - L - Almond Milk	340	45	5	1.5	0	0	360	78	2	67	1
Javiva Light, Coffee Free, Flavored - S - Coconut Milk	220	40	4	4	0	0	170	48	1	41	0
Javiva Light, Coffee Free, Flavored - M - Coconut Milk	270	45	5	4.5	0	0	200	61	1	53	0
Javiva Light, Coffee Free, Flavored - L - Coconut Milk	360	70	7	7	0	0	280	78	1	68	1
Javiva Light, Coffee Free, Flavored - S - Soy Milk	210	25	3	1	0	0	260	47	1	39	3

Beverage	Cals (kcal)	FatCals (kcal Fat (g))	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)	
Javiva Light, Coffee Free, Flavored - M - Soy Milk	270	30	3.5	1	0	0	320	60	1	51	4
Javiva Light, Coffee Free, Flavored - L - Soy Milk	350	45	5	1.5	0	0	450	77	2	64	5
Javiva Light, Coffee Free, Flavored - S - Standard Prep Skim Milk	210	10	1	0.5	0	5	150	49	0	43	5
Javiva Light, Coffee Free, Flavored - M - Standard Prep Skim Milk	270	10	1	1	0	5	180	63	1	55	6
Javiva Light, Coffee Free, Flavored - L - Standard Prep Skim Milk	350	15	1.5	1	0	5	250	81	1	71	9
Javiva Light, Coffee Free, Flavored - S - Whole Milk	260	60	6	4	0	25	170	50	0	43	5
Javiva Light, Coffee Free, Flavored - M - Whole Milk	320	70	7	5	0	25	200	63	1	55	6
Javiva Light, Coffee Free, Flavored - L - Whole Milk	440	100	11	7	0	40	280	81	1	71	9
Javiva Light, Earl Grey - S - 2% Milk	170	25	3	2	0	10	150	37	0	30	4
Javiva Light, Earl Grey - M - 2% Milk	220	30	3.5	2.5	0	10	180	47	1	40	5
Javiva Light, Earl Grey - L - 2% Milk	290	40	4.5	3	0	15	240	62	1	53	7
Javiva Light, Earl Grey - S - Almond Milk	150	20	2	0.5	0	0	180	36	1	29	1
Javiva Light, Earl Grey - M - Almond Milk	190	25	2.5	1	0	0	210	46	1	38	1
Javiva Light, Earl Grey - L - Almond Milk	260	35	3.5	1	0	0	290	60	1	50	2
Javiva Light, Earl Grey - S - Coconut Milk	160	30	3	3	0	0	150	35	1	30	1
Javiva Light, Earl Grey - M - Coconut Milk	200	35	3.5	3.5	0	0	180	46	1	39	1
Javiva Light, Earl Grey - L - Coconut Milk	270	50	5	5	0	0	240	60	1	51	1
Javiva Light, Earl Grey - S - Soy Milk	150	20	2	1	0	0	210	35	1	28	2
Javiva Light, Earl Grey - M - Soy Milk	200	25	2.5	1	0	0	250	46	1	37	3
Javiva Light, Earl Grey - L - Soy Milk	260	30	3.5	1.5	0	0	350	60	1	49	4
Javiva Light, Earl Grey - S - Standard Prep Skim Milk	150	10	1	0.5	0	5	135	37	0	31	4
Javiva Light, Earl Grey - M - Standard Prep Skim Milk	200	10	1	1	0	5	160	47	1	40	5
Javiva Light, Earl Grey - L - Standard Prep Skim Milk	260	10	1.5	1	0	5	220	62	1	54	7
Javiva Light, Earl Grey - S - Whole Milk	190	40	4.5	3	0	15	150	37	0	31	4
Javiva Light, Earl Grey - M - Whole Milk	230	45	5	3.5	0	20	170	47	1	40	5
Javiva Light, Earl Grey - L - Whole Milk	320	70	8	5	0	25	240	62	1	53	7
Javiva Light, Flavored - S - 2% Milk	220	25	3	2	0	10	140	48	0	41	4
Javiva Light, Flavored - M - 2% Milk	270	30	3.5	2	0	10	170	61	1	52	5
Javiva Light, Flavored - L - 2% Milk	360	40	4.5	3	0	15	230	78	1	66	7
Javiva Light, Flavored - S - Almond Milk	200	20	2	0.5	0	0	170	47	1	39	1
Javiva Light, Flavored - M - Almond Milk	250	25	2.5	1	0	0	210	60	1	50	1
Javiva Light, Flavored - L - Almond Milk	330	35	3.5	1	0	0	280	76	1	64	2
Javiva Light, Flavored - S - Coconut Milk	200	30	3	3	0	0	140	47	1	40	1
Javiva Light, Flavored - M - Coconut Milk	260	35	3.5	3.5	0	0	170	60	1	51	1
Javiva Light, Flavored - L - Coconut Milk	340	50	5	5	0	0	230	76	1	65	1
Javiva Light, Flavored - S - Soy Milk	200	20	2	1	0	0	210	47	1	38	2
Javiva Light, Flavored - M - Soy Milk	250	25	2.5	1	0	0	250	59	1	49	3
Javiva Light, Flavored - L - Soy Milk	330	30	3.5	1.5	0	0	350	76	1	62	4
Javiva Light, Flavored - S - Standard Prep Skim Milk	200	10	1	0.5	0	5	130	48	0	41	4
Javiva Light, Flavored - M - Standard Prep Skim Milk	250	10	1	1	0	5	160	61	1	52	5
Javiva Light, Flavored - L - Standard Prep Skim Milk	330	10	1.5	1	0	5	210	78	1	67	7
Javiva Light, Flavored - S - Whole Milk	230	40	4.5	3	0	15	140	48	0	41	4
Javiva Light, Flavored - M - Whole Milk	290	45	5	3.5	0	20	170	61	1	52	5
Javiva Light, Flavored - L - Whole Milk	390	70	8	5	0	25	230	78	1	67	7
Javiva Light, Matcha - S - 2% Milk	150	35	3.5	2.5	0	10	170	29	0	22	5

Beverage	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
Javiva Light, Matcha - M - 2% Milk	190	40	4.5	3	0	15	200	35	1	26	6
Javiva Light, Matcha - L - 2% Milk	260	60	6	4.5	0	20	280	46	1	35	10
Javiva Light, Matcha - S - Almond Milk	120	25	3	1	0	0	210	27	1	20	1
Javiva Light, Matcha - M - Almond Milk	150	30	3.5	1	0	0	250	33	1	24	1
Javiva Light, Matcha - L - Almond Milk	200	45	5	1.5	0	0	360	43	2	32	1
Javiva Light, Matcha - S - Soy Milk	130	25	3	1	0	0	260	26	1	19	3
Javiva Light, Matcha - M - Soy Milk	150	30	3.5	1	0	0	320	32	1	23	4
Javiva Light, Matcha - L - Soy Milk	210	45	5	1.5	0	0	450	42	2	30	5
Javiva Light, Matcha - S - Standard Prep Skim Milk	130	10	1	0.5	0	5	150	28	0	22	5
Javiva Light, Matcha - M - Standard Prep Skim Milk	150	10	1	1	0	5	180	35	1	27	6
Javiva Light, Matcha - L - Standard Prep Skim Milk	210	15	1.5	1	0	5	250	46	1	37	9
Javiva Light, Matcha - S - Whole Milk	170	60	6	4	0	25	170	29	0	22	5
Javiva Light, Matcha - M - Whole Milk	210	70	7	5	0	25	200	35	1	27	6
Javiva Light, Matcha - L - Whole Milk	300	100	11	7	0	40	280	46	1	36	9
Javiva Light, Mayan Mocha - S - 2% Milk	210	35	3.5	2.5	0	10	150	45	3	34	6
Javiva Light, Mayan Mocha - M - 2% Milk	290	45	5	3.5	0	10	180	62	5	45	8
Javiva Light, Mayan Mocha - L - 2% Milk	400	60	7	4.5	0	15	240	83	8	59	12
Javiva Light, Mayan Mocha - S - Almond Milk	190	25	3	1.5	0	0	180	44	3	32	3
Javiva Light, Mayan Mocha - M - Almond Milk	260	40	4.5	2	0	0	210	60	6	43	4
Javiva Light, Mayan Mocha - L - Almond Milk	360	60	6	2.5	0	0	290	81	9	57	7
Javiva Light, Mayan Mocha - S - Coconut Milk	200	35	4	3.5	0	0	150	44	3	33	2
Javiva Light, Mayan Mocha - M - Coconut Milk	270	50	5	4.5	0	0	180	60	6	44	4
Javiva Light, Mayan Mocha - L - Coconut Milk	370	70	8	6	0	0	240	81	8	58	6
Javiva Light, Mayan Mocha - S - Soy Milk	190	25	3	1.5	0	0	210	43	3	32	4
Javiva Light, Mayan Mocha - M - Soy Milk	270	40	4	2	0	0	250	60	6	42	6
Javiva Light, Mayan Mocha - L - Soy Milk	370	50	6	3	0	0	350	80	8	56	9
Javiva Light, Mayan Mocha - S - Standard Prep Skim Milk	190	15	1.5	1	0	5	135	45	3	34	6
Javiva Light, Mayan Mocha - M - Standard Prep Skim Milk	270	25	2.5	2	0	5	160	62	5	45	8
Javiva Light, Mayan Mocha - L - Standard Prep Skim Milk	370	35	4	2.5	0	5	220	83	8	60	12
Javiva Light, Mayan Mocha - S - Whole Milk	230	50	5	3.5	0	15	140	45	3	34	6
Javiva Light, Mayan Mocha - M - Whole Milk	310	60	7	4.5	0	20	170	62	5	45	8
Javiva Light, Mayan Mocha - L - Whole Milk	420	90	10	7	0	25	240	83	8	60	12
Javiva Light, Mocha - S - 2% Milk	220	35	4	2.5	0	10	140	46	2	34	5
Javiva Light, Mocha - M - 2% Milk	240	40	4.5	3	0	10	170	52	2	38	6
Javiva Light, Mocha - L - 2% Milk	330	60	6	4.5	0	15	230	69	3	50	9
Javiva Light, Mocha - S - Almond Milk	200	30	3.5	1.5	0	0	170	45	3	32	2
Javiva Light, Mocha - M - Almond Milk	220	35	4	1.5	0	0	210	51	3	36	2
Javiva Light, Mocha - L - Almond Milk	290	50	5	2.5	0	0	280	67	4	48	3
Javiva Light, Mocha - S - Coconut Milk	200	40	4.5	3.5	0	0	140	45	2	33	2
Javiva Light, Mocha - M - Coconut Milk	230	45	5	4	0	0	170	51	3	37	2
Javiva Light, Mocha - L - Coconut Milk	300	60	7	6	0	0	230	67	3	49	3
Javiva Light, Mocha - S - Soy Milk	200	30	3.5	1.5	0	0	210	45	3	32	4
Javiva Light, Mocha - M - Soy Milk	220	35	4	2	0	0	250	51	3	35	4
Javiva Light, Mocha - L - Soy Milk	300	50	5	2.5	0	0	350	66	4	46	6
Javiva Light, Mocha - S - Standard Prep Skim Milk	200	20	2	1.5	0	5	135	46	2	34	5

Beverage	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
Javiva Light, Mocha - M - Standard Prep Skim Milk	220	20	2.5	1.5	0	5	160	52	2	38	6
Javiva Light, Mocha - L - Standard Prep Skim Milk	300	30	3	2	0	5	210	69	3	51	8
Javiva Light, Mocha - S - Whole Milk	230	50	6	4	0	15	140	47	2	34	5
Javiva Light, Mocha - M - Whole Milk	260	60	7	4.5	0	20	170	52	2	38	6
Javiva Light, Mocha - L - Whole Milk	350	80	9	6	0	25	230	69	3	51	9
Javiva Light, White Mocha - S - 2% Milk	190	25	3	2	0	10	170	39	1	32	5
Javiva Light, White Mocha - M - 2% Milk	210	30	3.5	2.5	0	10	200	45	1	36	6
Javiva Light, White Mocha - L - 2% Milk	300	45	5	3.5	0	15	280	61	1	49	9
Javiva Light, White Mocha - S - Almond Milk	170	20	2.5	1	0	0	200	38	1	30	2
Javiva Light, White Mocha - M - Almond Milk	190	25	2.5	1	0	0	240	44	1	34	2
Javiva Light, White Mocha - L - Almond Milk	260	35	4	1.5	0	0	330	59	1	47	3
Javiva Light, White Mocha - S - Coconut Milk	170	30	3.5	3	0	0	170	38	1	31	2
Javiva Light, White Mocha - M - Coconut Milk	200	35	4	3.5	0	0	200	44	1	35	2
Javiva Light, White Mocha - L - Coconut Milk	270	50	5	5	0	0	280	59	1	48	3
Javiva Light, White Mocha - S - Soy Milk	170	20	2.5	1	0	0	240	38	1	29	3
Javiva Light, White Mocha - M - Soy Milk	190	25	2.5	1	0	0	280	43	1	33	4
Javiva Light, White Mocha - L - Soy Milk	270	35	4	1.5	0	0	390	59	1	46	6
Javiva Light, White Mocha - S - Standard Prep Skim Milk	170	10	1	1	0	5	160	39	1	32	5
Javiva Light, White Mocha - M - Standard Prep Skim Milk	190	10	1	1	0	5	190	45	1	36	6
Javiva Light, White Mocha - L - Standard Prep Skim Milk	270	15	1.5	1	0	5	260	61	1	50	8
Javiva Light, White Mocha - S - Whole Milk	200	40	4.5	3	0	15	170	39	1	32	5
Javiva Light, White Mocha - M - Whole Milk	230	50	5	3.5	0	20	200	45	1	36	6
Javiva Light, White Mocha - L - Whole Milk	330	70	8	5	0	30	280	62	1	50	9
Latte, Caffè - S - Almond Milk	110	40	4.5	0	0	0	250	15	1	10	3
Latte, Caffè - M - Almond Milk	140	50	6	0	0	0	320	19	1	13	3
Latte, Caffè - L - Almond Milk	160	50	6	0.5	0	0	350	21	1	14	4
Latte, Caffè - S - Coconut Milk	130	60	7	6	0	0	160	15	1	11	2
Latte, Caffè - M - Coconut Milk	160	80	9	8	0	0	210	18	1	15	2
Latte, Caffè - L - Coconut Milk	180	90	10	9	0	0	230	21	1	16	3
Latte, Caffè - S - Skim Milk	130	10	1	0.5	0	5	160	18	0	15	12
Latte, Caffè - M - Skim Milk	160	10	1	0.5	0	10	210	23	0	20	15
Latte, Caffè - L - Skim Milk	180	10	1.5	1	0	10	230	25	0	22	17
Latte, Caffè - S - Soy Milk	120	35	4	0.5	0	0	360	14	1	8	7
Latte, Caffè - M - Soy Milk	150	50	5	0.5	0	0	460	17	1	10	9
Latte, Caffè - L - Soy Milk	170	50	6	1	0	0	500	19	1	11	10
Latte, Caffè - S - Standard Prep 2% Milk	170	50	6	3.5	0	25	160	18	0	13	12
Latte, Caffè - M - Standard Prep 2% Milk	220	70	8	5	0	30	210	22	0	18	15
Latte, Caffè - L - Standard Prep 2% Milk	240	80	8	5	0	35	230	25	0	19	16
Latte, Caffè - S - Whole Milk	220	100	11	7	0	45	160	18	0	15	11
Latte, Caffè - M - Whole Milk	280	130	14	9	0.5	60	210	23	0	19	15
Latte, Caffè - L - Whole Milk	300	140	15	10	0.5	65	220	26	0	21	16
Latte, Caffè, Iced - S - Almond Milk	70	25	2.5	0	0	0	150	9	1	6	1
Latte, Caffè, Iced - M - Almond Milk	80	25	3	0	0	0	170	11	1	7	2
Latte, Caffè, Iced - L - Almond Milk	130	45	5	0	0	0	270	17	1	11	3
Latte, Caffè, Iced - S - Coconut Milk	80	40	4	4	0	0	95	9	0	7	1

Beverage	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
Latte, Caffè, Iced - M - Coconut Milk	100	45	5	4.5	0	0	115	11	0	8	2
Latte, Caffè, Iced - L - Coconut Milk	150	70	8	7	0	0	180	17	1	12	2
Latte, Caffè, Iced - S - Skim Milk	80	0	0.5	0	0	5	100	11	0	9	7
Latte, Caffè, Iced - M - Skim Milk	90	5	0.5	0	0	5	115	13	0	11	9
Latte, Caffè, Iced - L - Skim Milk	150	10	1	0.5	0	5	180	21	0	17	13
Latte, Caffè, Iced - S - Soy Milk	70	20	2.5	0	0	0	210	8	1	5	4
Latte, Caffè, Iced - M - Soy Milk	90	25	3	0	0	0	250	10	1	5	5
Latte, Caffè, Iced - L - Soy Milk	140	40	4.5	0.5	0	0	390	16	1	8	8
Latte, Caffè, Iced - S - Standard Prep 2% Milk	100	30	3.5	2	0	15	95	10	0	8	7
Latte, Caffè, Iced - M - Standard Prep 2% Milk	120	40	4	2.5	0	15	115	13	0	9	8
Latte, Caffè, Iced - L - Standard Prep 2% Milk	190	60	7	4	0	25	180	21	0	15	13
Latte, Caffè, Iced - S - Whole Milk	130	60	6	4	0	25	95	11	0	9	7
Latte, Caffè, Iced - M - Whole Milk	160	70	8	5	0	30	110	14	0	10	8
Latte, Caffè, Iced - L - Whole Milk	240	110	12	8	0	50	180	21	0	16	13
Latte, Caramel - S - Almond Milk	250	35	4	0	0	0	220	49	1	37	3
Latte, Caramel - M - Almond Milk	280	45	5	0	0	0	300	53	1	40	4
Latte, Caramel - L - Almond Milk	350	50	6	0.5	0	0	320	69	1	53	5
Latte, Caramel - S - Coconut Milk	260	60	6	6	0	0	150	49	0	39	3
Latte, Caramel - M - Coconut Milk	300	80	8	8	0	0	190	52	1	42	3
Latte, Caramel - L - Coconut Milk	370	80	9	8	0	0	210	69	1	54	4
Latte, Caramel - S - Skim Milk	260	10	1	0.5	0	5	150	52	0	42	12
Latte, Caramel - M - Skim Milk	300	10	1	0.5	0	10	200	56	0	47	15
Latte, Caramel - L - Skim Milk	370	10	1.5	1	0	10	210	73	0	60	17
Latte, Caramel - S - Soy Milk	250	35	4	0.5	0	0	320	48	1	35	7
Latte, Caramel - M - Soy Milk	280	45	5	0.5	0	0	430	51	1	38	9
Latte, Caramel - L - Soy Milk	360	50	6	1	0	0	460	68	1	50	11
Latte, Caramel - S - Standard Prep 2% Milk	300	50	6	3.5	0	20	150	52	0	41	12
Latte, Caramel - M - Standard Prep 2% Milk	350	70	7	4.5	0	30	190	56	0	45	15
Latte, Caramel - L - Standard Prep 2% Milk	430	70	8	5	0	30	210	73	0	57	17
Latte, Caramel - S - Whole Milk	340	90	10	6	0	40	140	52	0	42	11
Latte, Caramel - M - Whole Milk	400	120	13	8	0	55	190	57	0	46	15
Latte, Caramel - L - Whole Milk	480	130	14	9	0.5	60	210	74	0	59	16
Latte, Caramel, Iced - S - Almond Milk	150	20	2.5	0	0	0	135	29	0	22	2
Latte, Caramel, Iced - M - Almond Milk	220	25	2.5	0	0	0	140	45	1	34	3
Latte, Caramel, Iced - L - Almond Milk	310	40	4	0	0	0	230	64	1	49	4
Latte, Caramel, Iced - S - Coconut Milk	160	35	4	3.5	0	0	85	29	0	23	2
Latte, Caramel, Iced - M - Coconut Milk	220	40	4	3.5	0	0	95	45	0	35	2
Latte, Caramel, Iced - L - Coconut Milk	330	60	7	6	0	0	150	64	0	50	4
Latte, Caramel, Iced - S - Skim Milk	150	5	0.5	0	0	5	90	31	0	25	7
Latte, Caramel, Iced - M - Skim Milk	220	5	0.5	0	0	5	95	47	0	37	8
Latte, Caramel, Iced - L - Skim Milk	330	10	1	0.5	0	5	150	67	0	54	13
Latte, Caramel, Iced - S - Soy Milk	150	20	2.5	0	0	0	190	28	0	21	4
Latte, Caramel, Iced - M - Soy Milk	220	25	2.5	0	0	0	200	44	1	33	5
Latte, Caramel, Iced - L - Soy Milk	320	35	4	0.5	0	0	320	63	1	47	8
Latte, Caramel, Iced - S - Standard Prep 2% Milk	180	30	3.5	2	0	15	85	31	0	24	7

Beverage	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
Latte, Caramel, Iced - M - Standard Prep 2% Milk	250	35	3.5	2	0	15	95	47	0	36	8
Latte, Caramel, Iced - L - Standard Prep 2% Milk	370	50	6	3.5	0	25	150	67	0	52	13
Latte, Caramel, Iced - S - Whole Milk	200	50	6	3.5	0	25	85	31	0	25	7
Latte, Caramel, Iced - M - Whole Milk	270	60	6	4	0	25	90	47	0	37	8
Latte, Caramel, Iced - L - Whole Milk	410	90	10	6	0	40	150	68	0	53	12
Latte, Flavored - S - Almond Milk	190	35	4	0	0	0	220	35	1	30	2
Latte, Flavored - M - Almond Milk	240	45	5	0	0	0	300	45	1	40	3
Latte, Flavored - L - Almond Milk	290	50	6	0	0	0	320	55	1	48	4
Latte, Flavored - S - Coconut Milk	200	60	6	6	0	0	150	34	0	31	2
Latte, Flavored - M - Coconut Milk	260	80	8	8	0	0	190	45	1	41	2
Latte, Flavored - L - Coconut Milk	310	80	9	8	0	0	210	54	1	49	2
Latte, Flavored - S - Skim Milk	200	5	1	0.5	0	5	150	37	0	35	11
Latte, Flavored - M - Skim Milk	260	10	1	0.5	0	5	200	49	0	46	14
Latte, Flavored - L - Skim Milk	310	10	1	0.5	0	10	210	59	0	55	16
Latte, Flavored - S - Soy Milk	190	35	4	0.5	0	0	320	34	1	28	6
Latte, Flavored - M - Soy Milk	250	45	5	0.5	0	0	430	44	1	37	8
Latte, Flavored - L - Soy Milk	300	50	5	0.5	0	0	460	53	1	45	9
Latte, Flavored - S - Standard Prep 2% Milk	240	50	5	3.5	0	20	150	37	0	33	11
Latte, Flavored - M - Standard Prep 2% Milk	320	60	7	4.5	0	30	190	49	0	44	14
Latte, Flavored - L - Standard Prep 2% Milk	370	70	8	5	0	30	210	58	0	52	15
Latte, Flavored - S - Whole Milk	280	90	10	6	0	40	140	38	0	34	10
Latte, Flavored - M - Whole Milk	370	120	13	8	0	55	190	49	0	45	14
Latte, Flavored - L - Whole Milk	420	130	14	9	0.5	60	210	59	0	54	15
Latte, Flavored, Iced - S - Almond Milk	140	20	2	0	0	0	120	28	0	26	1
Latte, Flavored, Iced - M - Almond Milk	180	20	2.5	0	0	0	140	37	1	33	2
Latte, Flavored, Iced - L - Almond Milk	250	35	4	0	0	0	230	50	1	44	3
Latte, Flavored, Iced - S - Coconut Milk	150	30	3.5	3	0	0	80	28	0	26	1
Latte, Flavored, Iced - M - Coconut Milk	190	35	4	3.5	0	0	90	37	0	34	1
Latte, Flavored, Iced - L - Coconut Milk	270	60	6	6	0	0	150	50	0	45	2
Latte, Flavored, Iced - S - Skim Milk	150	0	0	0	0	5	80	30	0	28	6
Latte, Flavored, Iced - M - Skim Milk	190	5	0.5	0	0	5	95	39	0	36	7
Latte, Flavored, Iced - L - Skim Milk	270	10	1	0.5	0	5	150	53	0	49	11
Latte, Flavored, Iced - S - Soy Milk	140	20	2	0	0	0	180	28	0	25	3
Latte, Flavored, Iced - M - Soy Milk	190	20	2.5	0	0	0	200	37	1	32	4
Latte, Flavored, Iced - L - Soy Milk	260	35	4	0.5	0	0	330	49	1	42	7
Latte, Flavored, Iced - S - Standard Prep 2% Milk	170	25	3	2	0	10	80	30	0	27	6
Latte, Flavored, Iced - M - Standard Prep 2% Milk	220	30	3.5	2	0	15	90	39	0	35	7
Latte, Flavored, Iced - L - Standard Prep 2% Milk	310	50	6	3.5	0	25	150	53	0	47	11
Latte, Flavored, Iced - S - Whole Milk	190	50	5	3.5	0	20	80	30	0	28	6
Latte, Flavored, Iced - M - Whole Milk	240	60	6	4	0	25	90	39	0	36	7
Latte, Flavored, Iced - L - Whole Milk	350	90	10	6	0	40	150	53	0	48	11
Latte, Sugar Free Flavored - S - Almond Milk	110	35	4	0	0	0	220	20	1	9	2
Latte, Sugar Free Flavored - M - Almond Milk	130	45	5	0	0	0	300	25	1	12	3
Latte, Sugar Free Flavored - L - Almond Milk	150	50	6	0	0	0	320	30	1	13	4
Latte, Sugar Free Flavored - S - Coconut Milk	120	60	6	6	0	0	150	19	0	10	2

Beverage	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
Latte, Sugar Free Flavored - M - Coconut Milk	160	80	8	8	0	0	190	25	1	13	2
Latte, Sugar Free Flavored - L - Coconut Milk	170	80	9	8	0	0	210	29	1	15	2
Latte, Sugar Free Flavored - S - Skim Milk	120	5	1	0.5	0	5	150	22	0	14	11
Latte, Sugar Free Flavored - M - Skim Milk	150	10	1	0.5	0	5	200	29	0	19	14
Latte, Sugar Free Flavored - L - Skim Milk	170	10	1	0.5	0	10	210	34	0	20	16
Latte, Sugar Free Flavored - S - Soy Milk	110	35	4	0.5	0	0	320	19	1	7	6
Latte, Sugar Free Flavored - M - Soy Milk	140	45	5	0.5	0	0	430	24	1	9	8
Latte, Sugar Free Flavored - L - Soy Milk	160	50	5	0.5	0	0	460	28	1	10	9
Latte, Sugar Free Flavored - S - Standard Prep 2% Milk	160	50	5	3.5	0	20	150	22	0	12	11
Latte, Sugar Free Flavored - M - Standard Prep 2% Milk	210	60	7	4.5	0	30	190	29	0	16	14
Latte, Sugar Free Flavored - L - Standard Prep 2% Milk	230	70	8	5	0	30	210	34	0	18	15
Latte, Sugar Free Flavored - S - Whole Milk	200	90	10	6	0	40	140	23	0	13	10
Latte, Sugar Free Flavored - M - Whole Milk	260	120	13	8	0	55	190	29	0	18	14
Latte, Sugar Free Flavored - L - Whole Milk	290	130	14	9	0.5	60	210	34	0	19	15
Latte, Sugar Free Flavored, Iced - S - Almond Milk	60	20	2	0	0	0	120	13	0	5	1
Latte, Sugar Free Flavored, Iced - M - Almond Milk	70	20	2.5	0	0	0	140	17	1	6	2
Latte, Sugar Free Flavored, Iced - L - Almond Milk	120	35	4	0	0	0	230	25	1	9	3
Latte, Sugar Free Flavored, Iced - S - Coconut Milk	70	30	3.5	3	0	0	80	13	0	6	1
Latte, Sugar Free Flavored, Iced - M - Coconut Milk	80	35	4	3.5	0	0	90	17	0	6	1
Latte, Sugar Free Flavored, Iced - L - Coconut Milk	130	60	6	6	0	0	150	25	0	10	2
Latte, Sugar Free Flavored, Iced - S - Skim Milk	70	0	0	0	0	5	80	15	0	8	6
Latte, Sugar Free Flavored, Iced - M - Skim Milk	80	5	0.5	0	0	5	95	19	0	9	7
Latte, Sugar Free Flavored, Iced - L - Skim Milk	130	10	1	0.5	0	5	150	28	0	14	11
Latte, Sugar Free Flavored, Iced - S - Soy Milk	60	20	2	0	0	0	180	13	0	4	3
Latte, Sugar Free Flavored, Iced - M - Soy Milk	80	20	2.5	0	0	0	200	17	1	4	4
Latte, Sugar Free Flavored, Iced - L - Soy Milk	120	35	4	0.5	0	0	330	24	1	7	7
Latte, Sugar Free Flavored, Iced - S - Standard Prep 2% Milk	90	25	3	2	0	10	80	15	0	7	6
Latte, Sugar Free Flavored, Iced - M - Standard Prep 2% Milk	110	30	3.5	2	0	15	90	19	0	8	7
Latte, Sugar Free Flavored, Iced - L - Standard Prep 2% Milk	170	50	6	3.5	0	25	150	28	0	12	11
Latte, Sugar Free Flavored, Iced - S - Whole Milk	110	50	5	3.5	0	20	80	15	0	7	6
Latte, Sugar Free Flavored, Iced - M - Whole Milk	130	60	6	4	0	25	90	19	0	8	7
Latte, Sugar Free Flavored, Iced - L - Whole Milk	210	90	10	6	0	40	150	28	0	14	11
Macchiato, Caramel - S - Almond Milk	260	30	3.5	0	0	0	180	54	1	43	3
Macchiato, Caramel - M - Almond Milk	290	40	4.5	0	0	0	260	58	1	46	4
Macchiato, Caramel - L - Almond Milk	360	45	5	0	0	0	270	73	1	57	5
Macchiato, Caramel - S - Coconut Milk	270	50	5	5	0	0	120	54	0	44	3
Macchiato, Caramel - M - Coconut Milk	310	70	7	7	0	0	170	57	1	47	3
Macchiato, Caramel - L - Coconut Milk	370	70	8	7	0	0	170	73	1	59	4
Macchiato, Caramel - S - Skim Milk	270	10	1	0	0	5	120	56	0	47	10
Macchiato, Caramel - M - Skim Milk	310	10	1	0.5	0	5	170	61	0	51	13
Macchiato, Caramel - L - Skim Milk	370	10	1	0.5	0	5	180	77	0	63	15
Macchiato, Caramel - S - Soy Milk	260	30	3.5	0	0	0	260	53	1	41	6
Macchiato, Caramel - M - Soy Milk	300	40	4.5	0.5	0	0	370	56	1	43	8
Macchiato, Caramel - L - Soy Milk	360	40	4.5	0.5	0	0	380	72	1	55	9
Macchiato, Caramel - S - Standard Prep 2% Milk	300	40	4.5	3	0	20	120	56	0	45	10

Beverage	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
Macchiato, Caramel - M - Standard Prep 2% Milk	350	60	6	4	0	25	170	61	0	49	13
Macchiato, Caramel - L - Standard Prep 2% Milk	420	60	7	4	0	25	170	77	0	61	14
Macchiato, Caramel - S - Whole Milk	340	70	8	5	0	35	120	57	0	46	10
Macchiato, Caramel - M - Whole Milk	400	100	11	7	0	45	160	61	0	51	13
Macchiato, Caramel - L - Whole Milk	470	110	12	7	0	50	170	77	0	63	14
Macchiato, Caramel, Iced - S - Almond Milk	170	20	2	0	0	0	125	36	0	29	2
Macchiato, Caramel, Iced - M - Almond Milk	240	25	2.5	0	0	0	135	52	0	41	3
Macchiato, Caramel, Iced - L - Almond Milk	340	35	4	0	0	0	220	71	1	55	4
Macchiato, Caramel, Iced - S - Coconut Milk	180	30	3.5	3	0	0	80	35	0	30	1
Macchiato, Caramel, Iced - M - Coconut Milk	250	35	4	3.5	0	0	90	51	0	41	2
Macchiato, Caramel, Iced - L - Coconut Milk	350	60	6	6	0	0	140	71	0	57	4
Macchiato, Caramel, Iced - S - Skim Milk	180	0	0.5	0	0	5	80	37	0	32	7
Macchiato, Caramel, Iced - M - Skim Milk	250	5	0.5	0	0	5	90	53	0	44	8
Macchiato, Caramel, Iced - L - Skim Milk	350	10	1	0.5	0	5	140	74	0	60	12
Macchiato, Caramel, Iced - S - Soy Milk	170	20	2	0	0	0	180	35	0	28	4
Macchiato, Caramel, Iced - M - Soy Milk	240	20	2.5	0	0	0	190	51	0	39	5
Macchiato, Caramel, Iced - L - Soy Milk	340	35	4	0.5	0	0	310	70	1	53	8
Macchiato, Caramel, Iced - S - Standard Prep 2% Milk	200	30	3	2	0	10	80	37	0	31	6
Macchiato, Caramel, Iced - M - Standard Prep 2% Milk	270	30	3.5	2	0	15	90	53	0	43	8
Macchiato, Caramel, Iced - L - Standard Prep 2% Milk	390	50	6	3.5	0	20	140	74	0	59	12
Macchiato, Caramel, Iced - S - Whole Milk	220	50	6	3.5	0	25	80	37	0	31	6
Macchiato, Caramel, Iced - M - Whole Milk	300	50	6	3.5	0	25	85	53	0	43	8
Macchiato, Caramel, Iced - L - Whole Milk	430	90	10	6	0	40	140	74	0	60	12
Matcha Latte - S - Almond Milk	140	35	4	0	0	0	250	22	1	20	2
Matcha Latte - M - Almond Milk	190	50	6	0	0	0	340	32	1	29	2
Matcha Latte - L - Almond Milk	220	60	6	0	0	0	370	38	1	35	2
Matcha Latte - S - Coconut Milk	150	60	7	6	0	0	160	22	1	21	1
Matcha Latte - M - Coconut Milk	220	90	10	9	0	0	220	32	1	31	1
Matcha Latte - L - Coconut Milk	250	90	10	9	0	0	240	38	1	37	1
Matcha Latte - S - Skim Milk	150	5	1	0.5	0	5	160	25	0	25	11
Matcha Latte - M - Skim Milk	220	10	1	0.5	0	10	230	36	0	36	15
Matcha Latte - L - Skim Milk	250	10	1	1	0	10	240	43	0	43	16
Matcha Latte - S - Soy Milk	140	35	4	0.5	0	0	350	21	1	18	6
Matcha Latte - M - Soy Milk	200	50	6	0.5	0	0	500	30	1	25	8
Matcha Latte - L - Soy Milk	230	50	6	1	0	0	530	37	1	31	9
Matcha Latte - S - Standard Prep 2% Milk	190	50	6	3.5	0	25	160	25	0	23	11
Matcha Latte - M - Standard Prep 2% Milk	280	70	8	5	0	35	220	36	0	34	15
Matcha Latte - L - Standard Prep 2% Milk	310	80	9	5	0	35	240	43	0	40	16
Matcha Latte - S - Whole Milk	240	100	11	7	0	45	160	26	0	25	11
Matcha Latte - M - Whole Milk	340	130	15	10	0.5	65	220	37	0	36	15
Matcha Latte - L - Whole Milk	380	140	16	10	0.5	70	240	44	0	42	16
Matcha Latte, Flavored - S - Almond Milk	150	35	4	0	0	0	250	26	1	24	2
Matcha Latte, Flavored - M - Almond Milk	220	50	6	0	0	0	340	38	1	35	2
Matcha Latte, Flavored - L - Almond Milk	260	60	6	0	0	0	370	46	1	43	2
Matcha Latte, Flavored - S - Skim Milk	160	0	0	0	0	5	130	29	0	29	10

Beverage	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
Matcha Latte, Flavored - M - Skim Milk	230	0	0	0	0	10	180	42	0	42	14
Matcha Latte, Flavored - L - Skim Milk	270	0	0	0	0	10	190	51	0	50	15
Matcha Latte, Flavored - S - Soy Milk	160	35	4	0.5	0	0	350	25	1	21	6
Matcha Latte, Flavored - M - Soy Milk	230	50	6	0.5	0	0	500	36	1	31	8
Matcha Latte, Flavored - L - Soy Milk	270	50	6	1	0	0	530	44	1	39	9
Matcha Latte, Flavored - S - Standard Prep 2% Milk	210	50	6	3.5	0	25	160	29	0	27	11
Matcha Latte, Flavored - M - Standard Prep 2% Milk	300	70	8	5	0	35	220	42	0	40	15
Matcha Latte, Flavored - L - Standard Prep 2% Milk	350	80	9	5	0	35	240	51	0	48	16
Matcha Latte, Flavored - S - Whole Milk	260	100	11	7	0	45	160	30	0	29	10
Matcha Latte, Flavored - M - Whole Milk	360	130	15	9	0.5	65	220	43	0	42	15
Matcha Latte, Flavored - L - Whole Milk	410	140	16	10	0.5	70	240	51	0	50	16
Matcha Latte, Flavored, Iced - S - Almond Milk	110	20	2.5	0	0	0	150	21	1	20	1
Matcha Latte, Flavored, Iced - M - Almond Milk	160	30	3.5	0	0	0	200	31	1	29	1
Matcha Latte, Flavored, Iced - L - Almond Milk	250	50	6	0	0	0	340	45	1	42	2
Matcha Latte, Flavored, Iced - S - Skim Milk	120	0	0	0	0	5	75	23	0	23	6
Matcha Latte, Flavored, Iced - M - Skim Milk	170	0	0	0	0	5	105	33	0	33	8
Matcha Latte, Flavored, Iced - L - Skim Milk	260	0	0	0	0	10	180	49	0	49	14
Matcha Latte, Flavored, Iced - S - Soy Milk	120	20	2.5	0	0	0	210	21	1	18	4
Matcha Latte, Flavored, Iced - M - Soy Milk	170	30	3	0	0	0	280	30	1	27	5
Matcha Latte, Flavored, Iced - L - Soy Milk	260	50	6	0.5	0	0	500	43	1	38	8
Matcha Latte, Flavored, Iced - S - Standard Prep 2% Milk	150	30	3.5	2	0	15	95	23	0	22	6
Matcha Latte, Flavored, Iced - M - Standard Prep 2% Milk	210	40	4.5	3	0	20	125	33	0	32	9
Matcha Latte, Flavored, Iced - L - Standard Prep 2% Milk	330	70	8	5	0	35	220	49	0	47	15
Matcha Latte, Flavored, Iced - S - Whole Milk	180	60	6	4	0	25	95	23	0	23	6
Matcha Latte, Flavored, Iced - M - Whole Milk	240	80	9	5	0	35	125	33	0	33	8
Matcha Latte, Flavored, Iced - L - Whole Milk	390	130	15	9	0.5	65	220	50	0	48	15
Matcha Latte, Iced - S - Almond Milk	100	20	2.5	0	0	0	150	17	1	16	1
Matcha Latte, Iced - M - Almond Milk	140	30	3.5	0	0	0	200	25	1	23	1
Matcha Latte, Iced - L - Almond Milk	210	50	6	0	0	0	340	37	1	34	2
Matcha Latte, Iced - S - Coconut Milk	110	35	4	4	0	0	95	17	0	17	0
Matcha Latte, Iced - M - Coconut Milk	150	50	5	5	0	0	130	25	0	24	1
Matcha Latte, Iced - L - Coconut Milk	240	90	10	9	0	0	220	37	1	36	1
Matcha Latte, Iced - S - Skim Milk	110	0	0	0	0	5	100	19	0	19	7
Matcha Latte, Iced - M - Skim Milk	150	5	0.5	0	0	5	130	27	0	27	9
Matcha Latte, Iced - L - Skim Milk	240	10	1	0.5	0	10	230	41	0	41	15
Matcha Latte, Iced - S - Soy Milk	100	20	2.5	0	0	0	210	17	1	14	4
Matcha Latte, Iced - M - Soy Milk	140	30	3	0	0	0	280	24	1	21	5
Matcha Latte, Iced - L - Soy Milk	220	50	6	0.5	0	0	500	35	1	30	8
Matcha Latte, Iced - S - Standard Prep 2% Milk	130	30	3.5	2	0	15	95	19	0	18	6
Matcha Latte, Iced - M - Standard Prep 2% Milk	180	40	4.5	3	0	20	130	27	0	26	9
Matcha Latte, Iced - L - Standard Prep 2% Milk	300	70	8	5	0	35	220	41	0	39	15
Matcha Latte, Iced - S - Whole Milk	160	60	6	4	0	25	95	19	0	19	6
Matcha Latte, Iced - M - Whole Milk	220	80	9	5	0	35	125	28	0	27	8
Matcha Latte, Iced - L - Whole Milk	360	130	15	10	0.5	65	220	42	0	41	15
Mocha - S - Almond Milk	310	140	15	7	0	30	230	42	3	30	5

Beverage	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
Mocha - M - Almond Milk	340	150	16	8	0	30	300	45	3	33	5
Mocha - L - Almond Milk	410	160	18	8	0	30	330	61	5	43	7
Mocha - S - Coconut Milk	320	160	18	13	0	30	150	41	3	31	4
Mocha - M - Coconut Milk	360	180	20	15	0	30	200	45	3	34	4
Mocha - L - Coconut Milk	430	190	21	16	0	30	220	60	4	45	5
Mocha - S - Skim Milk	320	110	12	8	0	35	160	44	2	35	13
Mocha - M - Skim Milk	360	110	12	8	0	35	200	49	2	39	16
Mocha - L - Skim Milk	430	120	13	8	0	40	220	65	4	50	19
Mocha - S - Soy Milk	310	140	15	8	0	30	330	41	3	28	9
Mocha - M - Soy Milk	340	150	16	8	0	30	430	44	3	30	10
Mocha - L - Soy Milk	420	160	18	8	0	30	470	59	5	40	12
Mocha - S - Standard Prep 2% Milk	360	150	17	11	0	50	150	44	2	33	13
Mocha - M - Standard Prep 2% Milk	410	170	18	12	0.5	60	200	49	2	37	16
Mocha - L - Standard Prep 2% Milk	480	180	20	13	0.5	60	220	64	4	48	18
Mocha - S - Whole Milk	400	190	21	13	0.5	70	150	45	2	34	13
Mocha - M - Whole Milk	460	220	24	15	1	85	200	50	2	39	16
Mocha - L - Whole Milk	540	240	26	17	1	90	220	65	4	49	18
Mocha, Iced - S - Almond Milk	210	110	13	7	0	30	140	23	2	17	3
Mocha, Iced - M - Almond Milk	280	120	14	7	0	30	150	38	3	27	4
Mocha, Iced - L - Almond Milk	370	150	16	8	0	30	230	56	4	39	6
Mocha, Iced - S - Coconut Milk	220	130	14	10	0	30	95	23	1	18	2
Mocha, Iced - M - Coconut Milk	280	140	15	11	0	30	100	37	3	27	4
Mocha, Iced - L - Coconut Milk	380	170	19	14	0	30	160	56	4	40	5
Mocha, Iced - S - Skim Milk	220	100	11	7	0	35	95	25	1	20	8
Mocha, Iced - M - Skim Milk	280	110	12	8	0	35	105	39	2	30	9
Mocha, Iced - L - Skim Milk	380	120	13	8	0	35	160	59	4	44	14
Mocha, Iced - S - Soy Milk	210	110	13	7	0	30	200	22	2	16	5
Mocha, Iced - M - Soy Milk	280	120	14	8	0	30	210	37	3	25	7
Mocha, Iced - L - Soy Milk	380	140	16	8	0	30	330	55	4	37	10
Mocha, Iced - S - Standard Prep 2% Milk	240	120	14	9	0	45	95	25	1	19	8
Mocha, Iced - M - Standard Prep 2% Milk	310	130	15	9	0	45	100	39	2	29	9
Mocha, Iced - L - Standard Prep 2% Milk	420	160	18	11	0	50	160	58	4	42	14
Mocha, Iced - S - Whole Milk	270	150	16	10	0.5	55	95	25	1	20	8
Mocha, Iced - M - Whole Milk	330	160	18	11	0.5	55	100	40	2	29	9
Mocha, Iced - L - Whole Milk	460	200	22	14	0.5	70	150	59	4	44	14
Mocha, Mayan - S - Almond Milk	330	130	15	7	0	30	210	46	6	34	6
Mocha, Mayan - M - Almond Milk	400	140	16	7	0	30	280	62	6	49	7
Mocha, Mayan - L - Almond Milk	490	150	17	8	0	30	310	80	8	62	9
Mocha, Mayan - S - Coconut Milk	340	150	17	12	0	30	140	46	5	35	6
Mocha, Mayan - M - Coconut Milk	420	170	19	14	0	30	190	62	5	51	6
Mocha, Mayan - L - Coconut Milk	510	180	20	15	0	30	210	80	8	64	8
Mocha, Mayan - S - Skim Milk	340	110	12	8	0	35	140	49	5	39	14
Mocha, Mayan - M - Skim Milk	420	110	12	8	0	35	190	65	5	55	17
Mocha, Mayan - L - Skim Milk	510	120	13	8	0	35	210	84	7	69	20
Mocha, Mayan - S - Soy Milk	330	130	15	8	0	30	300	45	6	32	10

Beverage	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
Mocha, Mayan - M - Soy Milk	410	140	16	8	0	30	400	61	6	47	12
Mocha, Mayan - L - Soy Milk	500	150	17	8	0	30	440	79	8	59	14
Mocha, Mayan - S - Standard Prep 2% Milk	370	140	16	10	0	50	140	49	5	37	14
Mocha, Mayan - M - Standard Prep 2% Milk	470	160	18	11	0.5	55	190	65	5	53	17
Mocha, Mayan - L - Standard Prep 2% Milk	560	170	19	12	0.5	60	210	84	7	66	20
Mocha, Mayan - S - Whole Milk	410	180	20	13	0.5	65	140	49	5	38	13
Mocha, Mayan - M - Whole Milk	520	210	23	15	1	80	190	66	5	54	17
Mocha, Mayan - L - Whole Milk	610	230	25	16	1	85	210	84	7	68	20
Mocha, Mayan, Iced - S - Almond Milk	280	120	13	7	0	30	110	40	5	30	5
Mocha, Mayan, Iced - M - Almond Milk	350	120	14	7	0	30	160	56	5	44	6
Mocha, Mayan, Iced - L - Almond Milk	470	150	16	8	0	30	260	78	8	60	9
Mocha, Mayan, Iced - S - Coconut Milk	290	130	14	10	0	30	75	40	5	31	5
Mocha, Mayan, Iced - M - Coconut Milk	360	140	15	11	0	30	110	56	5	45	5
Mocha, Mayan, Iced - L - Coconut Milk	490	170	19	14	0	30	180	78	8	61	8
Mocha, Mayan, Iced - S - Skim Milk	290	100	12	7	0	30	80	41	5	32	9
Mocha, Mayan, Iced - M - Skim Milk	360	110	12	7	0	35	110	58	5	47	12
Mocha, Mayan, Iced - L - Skim Milk	490	120	13	8	0	35	180	81	7	66	18
Mocha, Mayan, Iced - S - Soy Milk	280	120	13	7	0	30	150	40	5	29	7
Mocha, Mayan, Iced - M - Soy Milk	360	120	14	7	0	30	230	55	5	43	9
Mocha, Mayan, Iced - L - Soy Milk	480	150	16	8	0	30	370	77	8	58	13
Mocha, Mayan, Iced - S - Standard Prep 2% Milk	300	120	14	9	0	40	75	41	5	32	9
Mocha, Mayan, Iced - M - Standard Prep 2% Milk	390	130	15	9	0	45	110	58	5	46	11
Mocha, Mayan, Iced - L - Standard Prep 2% Milk	530	160	18	11	0.5	55	180	81	7	64	18
Mocha, Mayan, Iced - S - Whole Milk	320	140	16	10	0	50	75	42	5	32	9
Mocha, Mayan, Iced - M - Whole Milk	420	160	18	11	0.5	55	110	58	5	47	11
Mocha, Mayan, Iced - L - Whole Milk	570	210	23	15	0.5	75	180	81	7	65	18
Mocha, Sugar Free - S - Almond Milk	190	40	4.5	0.5	0	0	310	38	2	9	3
Mocha, Sugar Free - M - Almond Milk	220	50	6	1	0	0	380	42	3	12	4
Mocha, Sugar Free - L - Almond Milk	280	60	6	1	0	0	450	57	3	13	5
Mocha, Sugar Free - S - Coconut Milk	200	60	7	6	0	0	230	38	2	10	3
Mocha, Sugar Free - M - Coconut Milk	240	80	9	8	0	0	280	42	2	14	3
Mocha, Sugar Free - L - Coconut Milk	300	90	10	9	0	0	340	56	3	15	4
Mocha, Sugar Free - S - Skim Milk	200	10	1.5	1	0	5	240	41	1	14	12
Mocha, Sugar Free - M - Skim Milk	240	15	1.5	1	0	5	280	46	1	19	15
Mocha, Sugar Free - L - Skim Milk	300	20	2	1	0	10	350	61	2	20	17
Mocha, Sugar Free - S - Soy Milk	190	40	4.5	1	0	0	410	37	2	7	7
Mocha, Sugar Free - M - Soy Milk	230	50	6	1	0	0	510	40	3	9	9
Mocha, Sugar Free - L - Soy Milk	290	60	6	1	0	0	590	55	3	10	11
Mocha, Sugar Free - S - Standard Prep 2% Milk	240	50	6	3.5	0	20	230	41	1	12	12
Mocha, Sugar Free - M - Standard Prep 2% Milk	290	70	8	5	0	30	280	45	1	16	15
Mocha, Sugar Free - L - Standard Prep 2% Milk	350	80	9	5	0	30	340	60	2	18	17
Mocha, Sugar Free - S - Whole Milk	280	90	10	7	0	40	230	41	1	13	11
Mocha, Sugar Free - M - Whole Milk	340	120	14	9	0	55	280	46	1	18	15
Mocha, Sugar Free - L - Whole Milk	410	130	15	9	0.5	60	340	61	2	20	17
Mocha, Sugar Free, Iced - S - Almond Milk	100	25	2.5	0	0	0	180	20	1	5	2

Beverage	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
Mocha, Sugar Free, Iced - M - Almond Milk	160	30	3	0.5	0	0	230	34	2	6	3
Mocha, Sugar Free, Iced - L - Almond Milk	240	45	5	1	0	0	360	52	3	9	4
Mocha, Sugar Free, Iced - S - Coconut Milk	110	35	4	3.5	0	0	130	20	1	6	1
Mocha, Sugar Free, Iced - M - Coconut Milk	170	40	4.5	4	0	0	180	34	2	7	2
Mocha, Sugar Free, Iced - L - Coconut Milk	250	70	7	6	0	0	280	52	3	10	4
Mocha, Sugar Free, Iced - S - Skim Milk	110	5	1	0	0	5	130	22	1	8	7
Mocha, Sugar Free, Iced - M - Skim Milk	170	10	1	0.5	0	5	180	36	1	9	8
Mocha, Sugar Free, Iced - L - Skim Milk	250	15	2	1	0	5	280	55	2	14	13
Mocha, Sugar Free, Iced - S - Soy Milk	110	25	2.5	0	0	0	230	20	1	4	4
Mocha, Sugar Free, Iced - M - Soy Milk	160	25	3	0.5	0	0	290	33	2	5	5
Mocha, Sugar Free, Iced - L - Soy Milk	250	40	4.5	1	0	0	460	51	3	7	8
Mocha, Sugar Free, Iced - S - Standard Prep 2% Milk	130	30	3.5	2	0	15	130	22	1	7	7
Mocha, Sugar Free, Iced - M - Standard Prep 2% Milk	190	35	4	2.5	0	15	180	36	1	8	8
Mocha, Sugar Free, Iced - L - Standard Prep 2% Milk	290	60	6	4	0	20	280	54	2	13	13
Mocha, Sugar Free, Iced - S - Whole Milk	160	50	6	4	0	25	130	22	1	8	7
Mocha, Sugar Free, Iced - M - Whole Milk	220	60	7	4.5	0	25	180	36	1	9	8
Mocha, Sugar Free, Iced - L - Whole Milk	330	100	11	7	0	40	280	55	2	14	12
Mocha, White Chocolate - S - Almond Milk	300	120	14	7	0	30	290	40	1	35	5
Mocha, White Chocolate - M - Almond Milk	330	130	15	7	0	30	370	44	1	38	6
Mocha, White Chocolate - L - Almond Milk	400	140	16	7	0	30	420	58	1	51	7
Mocha, White Chocolate - S - Coconut Milk	320	140	16	12	0	30	220	40	1	36	4
Mocha, White Chocolate - M - Coconut Milk	350	160	18	14	0	30	260	43	1	39	5
Mocha, White Chocolate - L - Coconut Milk	420	170	19	15	0	30	310	58	1	52	6
Mocha, White Chocolate - S - Skim Milk	320	100	11	7	0	35	220	43	0	40	13
Mocha, White Chocolate - M - Skim Milk	350	100	11	7	0	40	270	47	0	45	17
Mocha, White Chocolate - L - Skim Milk	420	100	11	7	0	40	320	62	0	58	19
Mocha, White Chocolate - S - Soy Milk	310	120	14	7	0	30	390	39	1	33	9
Mocha, White Chocolate - M - Soy Milk	340	130	15	7	0	30	500	42	1	35	11
Mocha, White Chocolate - L - Soy Milk	410	140	15	7	0	30	570	56	1	48	13
Mocha, White Chocolate - S - Standard Prep 2% Milk	360	140	15	10	0	55	220	42	0	38	13
Mocha, White Chocolate - M - Standard Prep 2% Milk	400	150	17	11	0.5	60	260	47	0	42	16
Mocha, White Chocolate - L - Standard Prep 2% Milk	480	160	18	11	0.5	65	310	62	0	55	19
Mocha, White Chocolate - S - Whole Milk	400	180	20	12	0.5	70	210	43	0	39	13
Mocha, White Chocolate - M - Whole Milk	460	200	23	14	1	85	260	48	0	44	16
Mocha, White Chocolate - L - Whole Milk	540	220	24	15	1	90	310	62	0	57	19
Mocha, White Chocolate, Iced - S - Almond Milk	210	110	12	6	0	30	170	22	1	20	3
Mocha, White Chocolate, Iced - M - Almond Milk	270	110	12	6	0	30	210	36	1	32	5
Mocha, White Chocolate, Iced - L - Almond Milk	360	120	14	7	0	30	330	53	1	47	7
Mocha, White Chocolate, Iced - S - Coconut Milk	220	120	13	10	0	30	125	22	0	20	3
Mocha, White Chocolate, Iced - M - Coconut Milk	280	120	14	10	0	30	160	36	0	32	4
Mocha, White Chocolate, Iced - L - Coconut Milk	380	150	16	12	0	30	250	53	1	48	6
Mocha, White Chocolate, Iced - S - Skim Milk	220	90	10	6	0	35	125	24	0	22	8
Mocha, White Chocolate, Iced - M - Skim Milk	280	90	10	7	0	35	170	38	0	35	10
Mocha, White Chocolate, Iced - L - Skim Milk	380	100	11	7	0	40	250	56	0	52	15
Mocha, White Chocolate, Iced - S - Soy Milk	210	110	12	6	0	30	230	22	1	18	5

Beverage	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
Mocha, White Chocolate, Iced - M - Soy Milk	280	110	12	7	0	30	280	35	1	30	7
Mocha, White Chocolate, Iced - L - Soy Milk	370	120	14	7	0	30	430	52	1	45	11
Mocha, White Chocolate, Iced - S - Standard Prep 2% Milk	240	120	13	8	0	45	125	24	0	21	8
Mocha, White Chocolate, Iced - M - Standard Prep 2% Milk	310	120	13	8	0	45	160	38	0	34	10
Mocha, White Chocolate, Iced - L - Standard Prep 2% Milk	420	140	15	10	0	55	250	56	0	50	15
Mocha, White Chocolate, Iced - S - Whole Milk	260	140	15	10	0.5	55	125	24	0	22	8
Mocha, White Chocolate, Iced - M - Whole Milk	330	140	16	10	0.5	55	160	38	0	35	10
Mocha, White Chocolate, Iced - L - Whole Milk	460	180	20	13	0.5	75	250	56	0	51	15
Peets To Go - Serves 12 -	30	5	0.5	0	0	0	60	0	0	0	3
Steamed Milk - Kid's - Almond Milk	70	25	3	0	0	0	170	9	1	7	1
Steamed Milk - S - Almond Milk	100	40	4.5	0	0	0	260	13	1	10	2
Steamed Milk - M - Almond Milk	140	50	6	0	0	0	340	17	1	14	2
Steamed Milk - L - Almond Milk	150	60	6	0	0	0	370	19	1	15	2
Steamed Milk - Kid's - Coconut Milk	80	45	5	4.5	0	0	110	8	0	8	1
Steamed Milk - S - Coconut Milk	120	60	7	7	0	0	170	13	1	12	1
Steamed Milk - M - Coconut Milk	160	90	10	9	0	0	220	17	1	16	1
Steamed Milk - L - Coconut Milk	170	90	10	9	0	0	240	18	1	17	1
Steamed Milk - Kid's - Skim Milk	80	0	0.5	0	0	5	115	11	0	11	8
Steamed Milk - S - Skim Milk	120	5	1	0.5	0	5	170	16	0	16	11
Steamed Milk - M - Skim Milk	160	10	1	0.5	0	10	230	22	0	22	15
Steamed Milk - L - Skim Milk	170	10	1	1	0	10	240	23	0	23	16
Steamed Milk - Kid's - Soy Milk	70	25	3	0	0	0	250	8	1	5	4
Steamed Milk - S - Soy Milk	110	40	4	0.5	0	0	370	12	1	8	6
Steamed Milk - M - Soy Milk	150	50	6	0.5	0	0	500	16	1	11	8
Steamed Milk - L - Soy Milk	160	50	6	1	0	0	530	17	1	11	9
Steamed Milk - Kid's - Standard Prep 2% Milk	110	35	4	2.5	0	15	110	11	0	9	7
Steamed Milk - S - Standard Prep 2% Milk	160	60	6	4	0	25	170	16	0	14	11
Steamed Milk - M - Standard Prep 2% Milk	220	70	8	5	0	35	220	21	0	19	15
Steamed Milk - L - Standard Prep 2% Milk	230	80	9	5	0	35	240	23	0	20	16
Steamed Milk - Kid's - Whole Milk	140	70	7	5	0	30	110	11	0	10	7
Steamed Milk - S - Whole Milk	210	100	11	7	0	50	160	17	0	16	11
Steamed Milk - M - Whole Milk	280	130	15	10	0.5	65	220	22	0	21	15
Steamed Milk - L - Whole Milk	300	140	16	10	0.5	70	240	24	0	22	16
Steamer, Flavored - Kid's - Almond Milk	120	25	3	0	0	0	170	23	1	21	1
Steamer, Flavored - S - Almond Milk	190	40	4.5	0	0	0	260	34	1	31	2
Steamer, Flavored - M - Almond Milk	250	50	6	0	0	0	340	45	1	42	2
Steamer, Flavored - L - Almond Milk	290	60	6	0	0	0	370	53	1	50	2
Steamer, Flavored - Kid's - Coconut Milk	140	45	5	4.5	0	0	110	22	0	22	1
Steamer, Flavored - S - Coconut Milk	200	60	7	7	0	0	170	34	1	33	1
Steamer, Flavored - M - Coconut Milk	270	90	10	9	0	0	220	45	1	43	1
Steamer, Flavored - L - Coconut Milk	310	90	10	9	0	0	240	53	1	51	1
Steamer, Flavored - Kid's - Skim Milk	140	0	0.5	0	0	5	115	25	0	25	8
Steamer, Flavored - S - Skim Milk	200	5	1	0.5	0	5	170	37	0	37	11
Steamer, Flavored - M - Skim Milk	270	10	1	0.5	0	10	230	49	0	49	15
Steamer, Flavored - L - Skim Milk	310	10	1	1	0	10	240	58	0	58	16

Beverage	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
Steamer, Flavored - Kid's - Soy Milk	130	25	3	0	0	0	250	22	1	19	4
Steamer, Flavored - S - Soy Milk	190	40	4	0.5	0	0	370	33	1	29	6
Steamer, Flavored - M - Soy Milk	260	50	6	0.5	0	0	500	43	1	38	8
Steamer, Flavored - L - Soy Milk	300	50	6	1	0	0	530	51	1	46	9
Steamer, Flavored - Kid's - Standard Prep 2% Milk	170	35	4	2.5	0	15	110	25	0	23	7
Steamer, Flavored - S - Standard Prep 2% Milk	250	60	6	4	0	25	170	37	0	35	11
Steamer, Flavored - M - Standard Prep 2% Milk	330	70	8	5	0	35	220	49	0	47	15
Steamer, Flavored - L - Standard Prep 2% Milk	370	80	9	5	0	35	240	58	0	55	16
Steamer, Flavored - Kid's - Whole Milk	200	70	7	5	0	30	110	25	0	24	7
Steamer, Flavored - S - Whole Milk	290	100	11	7	0	50	160	37	0	36	11
Steamer, Flavored - M - Whole Milk	390	130	15	10	0.5	65	220	50	0	48	15
Steamer, Flavored - L - Whole Milk	440	140	16	10	0.5	70	240	59	0	57	16
Tea, Brewed - S -	0	0	0	0	0	0	0	0	0	0	0
Tea, Brewed - M -	0	0	0	0	0	0	0	0	0	0	0
Tea, Brewed - L -	0	0	0	0	0	0	0	0	0	0	0
Tea Black Tie - S - Half & Half + Sweetened Condensed Milk	160	35	4	2.5	0	15	45	28	0	28	3
Tea Black Tie - M - Half & Half + Sweetened Condensed Milk	190	35	4	2.5	0	15	45	35	0	35	3
Tea Black Tie - L - Half & Half + Sweetened Condensed Milk	260	45	5	3	0	20	65	49	0	49	4
Tea Infusion - S -	80	0	0	0	0	0	0	20	0	20	0
Tea Infusion - M -	120	0	0	0	0	0	0	31	0	30	0
Tea Infusion - L -	160	0	0	0	0	0	0	41	0	39	0
Undertow - Single - Half & Half	60	30	3.5	2	0	10	20	8	0	6	1
Undertow - Double - Half & Half	90	30	3.5	2	0	10	20	14	0	11	2
Undertow - Triple - Half & Half	120	30	3.5	2	0	10	25	20	0	16	2
Customize Your Peet's	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
Whipped Cream - Per Beverage	100	90	10	6	0	30	5	2	0	2	1
Whipped Coconut Milk Cream - Per Beverage	70	60	7	6	0	0	10	2	0	2	1
Monin Syrup - 1 pump	30	0	0	0	0	0	0	7	0	7	0
Sugar Free Chocolate Sauce - 1 pump	45	0	0	0	0	0	45	12	1	0	1
Caramel Sauce - 1 pump	60	0	0	0	0	0	0	14	0	11	0
In Store Chocolate Sauce - 1 pump	50	10	1	0.5	0	0	0	13	1	9	1
White Chocolate Sauce - 1 pump	50	0	0	0	0	0	30	12	0	12	1
Monin Sugar Free Syrup - 1 pump	0	0	0	0	0	0	0	2	0	0	0
2% Milk - 1 oz	15	5	0.5	0	0	5	15	2	0	1	1
Almond Milk - 1 oz	10	0	0	0	0	0	25	1	0	1	0
Coconut Milk - 1 oz	10	5	0.5	0.5	0	0	15	1	0	1	0
Skim Milk CA - 1 oz	10	0	0	0	0	0	15	2	0	2	1
Soy Milk - 1 oz	10	0	0	0	0	0	35	1	0	1	1
Whole Milk - 1 oz	20	10	1	0.5	0	5	15	2	0	1	1

